

4-H Bullying
Safe & Caring Schools Curriculum
Sample Program Plan
Grades 3-5

Objective: Youth will learn to understand and accept people because of qualities they have on the inside and practice empathy skills as they learn the importance of compassion and kindness.

Audience: 3rd – 5th

Materials: Safe and Caring Schools ® Grades 3-5 curriculum & CD-ROM, printable worksheets for each lesson, pens.

Lesson 1: Too Quick to Judge, pg 98

Lesson 2: The Problem with Bullying, pg 99

Lesson 3: A Kid's View on Bullies, pg 99

Lesson 4: Just Kidding, pg 100

Lesson 5: It's Okay to Tell Sometimes, pg 101

Lesson 6: Bullying Prevention Culminating Activity- Video, Monologue, Poem, Essay, Play, Mixed Media Collage

Additional Resources:

<https://4-h.ca.uky.edu/content/bullying>