

Kentucky 4-H Communications & Expressive Arts Curriculum
Public Speaking
National 4-H CCS, Inc. Communications

Communications Project Outcomes

- Practice and develop communication, problem solving, and receiving, analyzing, and skills
- Interpret verbal and nonverbal messages
- Demonstrate effective written skills
- Demonstrate effective public speaking
- Use presentation aids to enhance the quality of spoken communication
- Practice appropriate internet etiquette
- Evaluate electronic communications
- Interpret communication styles
- Discover communication careers

Audience

Grades 3 -12, 4-H Clubs, Home School, School Enrichment Programs, After School Programs

Level 1 – Picking Up the Pieces (40 pages)

What is needed to become a successful communicator? Youth discover how to put together a communication puzzle through nonverbal, verbal, and written activities that stretch and strengthen personal communication skills. Encrypting codes, writing songs, giving directions, dealing with bullies, and making a statement through art are a few of the exciting topics offered. *Grades 3-5.*

- Interpreting nonverbal cues
- Communicating with symbols and codes
- Communicating through art
- Understanding word meanings
- Improving listening skills
- Communicating with family
- Communicating through music
- Writing letters
- Communicating emotions

Sample Program

Lesson 1 *Who's Who-* Helpers Guide, pg 6

Lesson 2 *Eye on Sports-* Helper's Guide, pg 14

Lesson 3 *Follow My Lead-* Picking Up the Pieces, pg 20

Lesson 4 *Demonstrator-* Helper's Guide, pg 26

Lesson 5 *Compose Your Song-* Picking Up the Pieces, pg 26

Lesson 6 *Speak Up-* Picking Up the Pieces, pg 12

Level 2 - Putting It Together (40 pages)

What communication skills are necessary to effectively express yourself and impact others? Stimulating activities provide opportunities for youth to practice and gain confidence in communicating in a variety of situations. Watch them unfold as strong communicators in front of your eyes while they present oral reasons, plan and present speeches, communicate assertively, practice making a good first impression, critique information, and mentor another. *Grades 6-8.*

- Presenting yourself
- Communicating assertively
- Giving directions
- Listening effectively
- Communicating with friends

- Lightening up
- Controlling emotions
- Practicing internet etiquette
- Mentoring another
- Presenting oral reasons
- Writing PSAs
- Planning and writing a speech
- Presenting a speech

Sample Program

Lesson 1 *Time Travels*, Helper's Guide pg 8, graphics pg 34

Lesson 2 *First Impressions*, Putting It Together, pg 6

Lesson 3 *Ad-a-mercical*, Helper's Guide, pg 22

Lesson 4 *Electronic Etiquette*, Putting It Together, pg 20

Lesson 5 *The Higher Choice*, Helper's Guide, pg 16

Lesson 6 *Speeching Up*, Putting It Together, pg 32

Level 3 – The Perfect Fit (40 pages)

How can youth find a perfect communication fit to pave the way for their future? Support youth as they enrich and polish their communication skills and develop a public presence by speaking in public, exploring communication careers, writing resumes and cover letters, interviewing for a job, developing presentations, dealing with anxiety, and much more! *Grades 9-12.*

- Building communication bridges
- Connecting with others
- Putting together a speech
- Using presentation aids
- Overcoming stage fright
- Making a persuasive speech
- Making a campaign speech
- Performing in public
- Exploring communication careers
- Writing resumes and cover letters
- Interviewing for a job

Sample Program

Lesson 1 *In the Bag*, Helper's Guide, pg 12

Lesson 2 *Seek to Connect*, The Perfect Fit, pg 8

Lesson 3 *Seek to Find*, The Perfect Fit, pg 10

Lesson 4 *Pull it Together*, The Perfect Fit, pg 12

Lesson 5 *Net Your Butterflies*, The Perfect Fit, pg 16

Lesson 6 *Speech Check Off*, The Perfect Fit, pg 18

Sample Career Program

Lesson 1 *Treasure Hunt*, The Perfect Fit, pg 28

Lesson 2 *Take Me As I Am*, The Perfect Fit, pg 30

Lesson 3 Finish Resumes

Lesson 4 *Intriguing Interviews*, Helper's Guide, pg 24

Lesson 5 *Best Foot Forward*, The Perfect Fit, pg 32

Lesson 6 Mock Job Interviews

Group Activity Helper's Guide (40 pages)

Are you lost in the communication puzzle? Do you need help in putting the puzzle pieces together? Let the Communications Helper's Guide enliven group activities and reinforce communication concepts. Develop skillathons, play communication games, trace the history of communication technology, plan demonstrations, and create advertisements while youth interact, broaden their understanding of communication and strengthen personal communication skills. Learn more about developmental levels of youth, experiential learning, life skills, and communication. *Grades 3-12.*

- Conducting group introductions
- Leading group stress release activities
- Developing a presentation
- Playing visual communications games
- Selling your point: creating an ad
- Dealing with aggressive voice
- Developing Interview skills
- Conducting group meetings
- Preparing for quiz bowls
- Planning a demonstration
- Delivering oral reasons