



Kentucky 4-H Camp Challenge Course Participation Agreement

This is a legal document. Read and understand before you sign.

Participant Name: _____

Group: _____

I understand that my participation in the High Ropes Course at a Kentucky 4-H Camp is based on the "Challenge by Choice" philosophy. I recognize that the program is designed to use experiential teaching techniques and that my participation is purely voluntary. At all times, I will choose my level of participation in any activity. I have read the Full Value Contract below and agree to follow the guidelines as presented. I understand that the employees and/or independent contractors of the Kentucky 4-H Camp and the University of Kentucky have received training and will attempt to protect the emotional and physical safety of myself and/or my child. I understand that High Ropes Elements, Low Ropes elements, ground initiatives, and other Challenge Course activities for which I and/or my child will participate in entail certain risks (including but not limited to inclement weather; loss or damage to personal property; accidents resulting from climbing, swinging, jumping or other types of physical activities; hazards associated with accidents occurring in a relatively remote area; unforeseeable acts of nature; and the emotional effects of being in perceived risk). Therefore, I knowingly and voluntarily assume all risks involved in my and/or my child's participation and do hereby release the Kentucky 4-H Camp and the University of Kentucky and its members, trustees, officers, employees, independent contractors, and extension staff from any and all liability, damages, costs and expenses arising out of or relating to physical or psychological injury, loss of life, or personal property that may occur as a result of participating in this program. I have read and understand and accept the terms and conditions stated herein and acknowledge that this agreement shall be effective and binding upon the parties during the entire period of participation in the Challenge Course program. I understand and agree that by executing this form I waive and release all claims that I might have as a result of my and/or my child's participation in this program. I grant the Kentucky 4-H Program and the University of Kentucky and persons acting through them the rights to use, reproduce, assign, and/or distribute photographs, videos and sound recordings of myself or my child for use in materials they may create.

Participant's Signature

Date

Parent/Guardian's Signature (if participant is a minor)

Date

Emergency Contact

Name: _____

Phone: _____

FULL VALUE CONTRACT

Safety, Safety, Safety. Safety is our number one concern on the challenge course. There are two kinds of safety, physical and emotional. Both are equally important. Our facilitators will work to keep all participants from experiencing physical or emotional damage. Since everyone is responsible for safety, it is important to get everyone to agree to be aware of both kinds of safety and to help protect all members of the group. Members of the group should understand that they are responsible for giving and receiving feedback to the facilitators and other group members. Don't put yourself down; don't put others down. Most people don't realize that they are very quick to say (either out loud or to themselves), "I can't do this," often before they even try something. We will throw these words away. We don't use the words "I can't" on the challenge course. Spot with good attention. Pay attention when spotting is your responsibility. This differs from spotting with good "intention." Spotting with good intention is usually followed by an apology. "Oh sorry, you hit the ground. I'll pay better attention next time." Stay with the group. Stay with the group mentally and physically. Don't leave the group and don't go off picking daisies and chasing rainbows. Our Facilitators reserve the right to ask any participant to leave the course if he/she is not participating appropriately or following directions. The facilitators decision is final. Challenge by choice means that each participant may select the level of challenge that he/she is willing to experience. For some people, just arriving at the course is the challenge. For some, the Low Ropes elements are a tremendous challenge while some may not be challenged at all. We will not make anyone do anything that they do not wish to do. Give 100%. To fully enjoy your experience, 99.9% will not do. You must be willing to give 100%.

