

# 4-H Family and Consumer Sciences Logic Model

**2016-2020**

Inputs	Outputs		Outcomes – Impact		
<p><b>What we invest</b></p> <ul style="list-style-type: none"> <li>• <b>Program resources:</b> curricula, information based on land grant research</li> <li>• <b>Human resources:</b> Extension agents, volunteers, families, youth, supporters, alumni, professionals in related careers</li> <li>• <b>Funding:</b> Extension funding (tax), donations (cash, in-kind), fees paid by participants</li> <li>• <b>Partners:</b> UK, local schools, related businesses</li> <li>• <b>Equipment:</b> equipment purchased by council or county; equipment available from partners</li> <li>• <b>Facilities:</b> Extension meeting rooms and equipment; schools, public meeting rooms</li> </ul>	<p><b>What we do</b></p> <p>Provide experiential learning opportunities in child care, consumer &amp; financial education, entrepreneurship, fashion/ image, food preparation, nutrition, home environment, needlework, sewing, and workforce preparation through:</p> <ul style="list-style-type: none"> <li>• SPIN Clubs</li> <li>• Special interest groups</li> <li>• Multi-day/hour workshops</li> <li>• Project work with mentor</li> <li>• Self-directed learning using project book</li> <li>• Demonstrations</li> <li>• Instruction through media</li> <li>• Instruction through school enrichment</li> </ul>	<p><b>Who we reach</b></p> <ul style="list-style-type: none"> <li>• Youth, ages 5-18</li> <li>• Volunteers with FCS related skills/knowledge</li> <li>• Volunteers with interest in youth</li> <li>• Parents of youth</li> <li>• School teachers</li> <li>• Community leaders</li> <li>• Partner organizations</li> </ul>	<p><b>Short Term</b></p> <p>Youth will:</p> <ul style="list-style-type: none"> <li>• Gain knowledge and develop skills in Family &amp; Consumer Sciences projects and programs</li> <li>• Understand the decision-making process</li> <li>• Gain skills in setting a goal and developing a plan of action</li> <li>• Learn to read and follow instructions</li> </ul>	<p><b>Medium Term</b></p> <p>Youth will:</p> <ul style="list-style-type: none"> <li>• Utilize and practice life skills in projects and life situations</li> <li>• Project a positive image and self-confidence</li> <li>• Practice responsible consumer and financial decision-making</li> <li>• Practice healthy eating choices</li> <li>• Make choices that lead to responsible and beneficial results</li> <li>• Adopt habits and skills that contribute toward employability in the future</li> </ul>	<p><b>Long Term</b></p> <p>Youth will:</p> <ul style="list-style-type: none"> <li>• Be responsible and contributing individuals and family members</li> <li>• Gain and maintain employment through life skill development</li> <li>• Contribute to a safe, pleasant and productive home and family</li> </ul>

**Situation**

Over the last 25 years, the number of stay-at-home parents has decreased. Parents have increasingly relied on schools to teach concepts and skills once taught within the family. With societal changes and cuts in school budgets, many schools have eliminated family and consumer science labs and no longer include or have decreased FCS instruction in the curriculum. In nutrition alone, the lack of basic life skills is evidenced by alarming rises in childhood obesity, poor diets of youth of all ages, and an overreliance on packaged/fast food.

Life choices are often based more on personal desires rather than factual information. Those who seek information often turn to internet sources which may not be based in research. Decision-making may be based on product marketing claims, family tradition, myths, faulty information, and lack of knowledge. Today's massive health and economic problems are due in part to the lack of instruction in the home by parents and in school through Family and Consumer Sciences classes.

4-H offers projects in FCS which assist youth in becoming responsible and contributing members of the family and contributing members of Kentucky communities. At the same time, these life skills prepare youth for the families they will establish as adults.

***Assumptions***

Youth need to be involved in meaningful learning experiences. They will continue to face an increasing number of choices and opportunities. Adults will be willing to serve in meaningful volunteer roles but they must be asked and roles may need to be tailored to time available. Programs offered will vary from county to county based on local needs and resources.

***External Factors***

Societal changes will continue to impact youth and 4-H programming. Families will continue to deal with limitations of money, transportation, time, stress, etc.