



4-H Youth Development Initiatives 2016-2020 County Plan of Work

The Kentucky 4-H Youth Development Program is committed to growing outstanding youth with marketable skills to succeed in today's global society. 4-H empowers youth to reach their full potential, working and learning in partnership with caring adults. *Head, Heart, Hands, and Health* are the four Hs in 4-H which represent the four values members work on through fun and engaging programs.

- Head - Managing, Thinking
- Heart - Relating, Caring
- Hands - Giving, Working
- Health - Being, Living

Volunteers, 4-H agents and program assistants provide educational opportunities through 4-H clubs, special interest programs, enrichment programs, camps and afterschool programs for Kentucky youth. The county level program is the key in making a difference in the lives of local youth. Through input from the local 4-H Advisory Councils, programs are identified for the future.

What's New and What's on the Horizon

As counties prepare for the next Four Year Plan of Work, 4-H Extension Specialists in the College of Agriculture, Food and Environment have gathered information related to initiatives and trends in 4-H Youth Development. They have already started identifying some program efforts for the future based on past, present, and future situations.

Below is a summary of programs that are being developed and planned for the future in Kentucky 4-H. **Additional programming efforts** will be added based on the need identification that occurs when agents meet with advisory councils and develop the County Plan of Work.

Developing leadership and volunteer skills for community and civic engagement.

- 4-H Teen Mentors – a program/curricula guide designed to support older 4-H members in mentoring younger 4-H members will be adopted, adapted or created based on existing resources.
- A committee of agents interested in working on diversity and inclusiveness has been selected. This committee will identify resources available for teaching diversity/inclusivity to youth and provide training to agents on implementing these curricula (during Program Year 2015-2016)
- Citizenship Curriculum will be revised-efforts begin in fall 2015.
- New emphasis on Youth Adult Partnerships.

Engaging in discovery, exploration, and understanding in science, engineering and technology.

- Host National Youth Science Day (NYSD) experiments during National 4-H Week every October
- SET Teen Boards-State
- Biotechnology in-service (2015-16)
- Aerospace in-service (2015-16)
- SERIES: Fundraising For SET Programs, workshop (2015)

- Bicycle Safety-review of curriculum and in-service training
- ATV Curriculum-review and application at county level
- Automotive program to be developed for teens.
- The Car teens program will be used as a resource for developing program for safe teen driving.
- Tractor Curriculum will be reviewed with enhanced program options at county and state level.
- Small engines program will be defined and in-service training will be offered. .
- Lawnmower and safety program to be developed.
- Computer Technology for Kids program to be developed.
- Hour of Code Program to be piloted
- Micro-truck and Tractor Pulling Program- in process of being developed (2017 target date)

Enhancing **communications** skills through public speaking, demonstrations and **expressive arts**.

- State Fair Arts classes aligned with core curriculum Summer 2016
- State Fair Arts In-service Fall 2015
- Introduction of core curriculum with program plans with 6 lessons for:
 - Visual Arts 2016
 - Drama 2017
 - Music 2018
 - Dance 2019
- Written Communications Contest- 2016
- Film Making/Stop Animation Curriculum in-service Spring 2016

Adopting **healthy lifestyle choices** for overall well-being.

- Healthy Adventures for Teens In-service 2015
- Steps to a Healthy Teen In-service 2015
- Develop partnership with Southern United Dairy Association to implement Fuel Up to Play 60-2015
- Develop Healthy Living Mentor Program for county teens-2016

Creating awareness of the impact of **agriculture** on daily life and developing marketable skills for the future.

- Coordinating the adoption of a uniform Ag in the Classroom curriculum.
- Development of an ANR Workgroup to review curricular needs of Plant Sciences and Horticulture.

Practicing stewardship in **natural resources**.

- Develop Natural Resource Teen Board
- Participation in the National Youth Science Day (NYSD) related to environment and sustainability on an annual basis.
- NR In-service: The Dirt on Soil: Soils Education (2015-16)
- SERIES: Environmental Education workshop (2015)

Acquiring basic life skills related to **family and consumer sciences**.

- Child Care: *Kentucky 4-H Babysitting Basics 4 Fun and 4 Profit*—available for PY 2015-16.
- Consumer & Financial Education: looking for a replacement for *Consumer Savvy* series
- Fashion/Grooming/Image: Revision of *Fashion Magic as Project Fashion Forward*—to be available for PY 2016-17
- Fashion/Grooming/Image: Addition of *Laundry Knowhow*—expected to be available in PY 2017-18

- Food Preparation & Nutrition: available beginning
 - Food Science: *What's on Your Plate*
 - Cooking 101-401
 - Teen Cuisine
 - Put It Up!
- Home Environment: revised versions available by PY 2017-18
 - Etiquette lesson plans—Spring2015-16
- Textile Science—new project *Fiber to Fabric Fun*—expected to be available PY 2016-17
- Workforce Preparation—to be replaced or revised
- Paying for College-Webinar 2016

Empowering adults for **volunteer** and leadership roles in the community.

- Kentucky Volunteer Forum
 - February 11 – 13, 2016 Hyatt Regency Lexington & Lexington Convention Center
 - <https://4-h.ca.uky.edu/content/kentucky-volunteer-forum>
- Kentucky 4-H Volunteer Orientation
 - A series of narrated PowerPoint Presentations that orient certified and camping volunteers.
 - <http://www.ky.4honline.com>
- Effective Councils 101 & 102
 - Three hour workshops, designed to orient and empower Councils to become effective, functional, goal-driven organizations.
 - Contact Ken Culp, III to schedule an Effective Councils workshop
- Volunteer Conference of Southern States
 - October 1 – 4, 2015 at Rock Eagle 4-H Center, Eatonton, GA
 - <http://www.vcross.weebly.com>
- KELD (Kentucky Extension Leadership Development)
 - Series of 20 Fact Sheets, focusing on individual and organizational leadership development
 - <http://www2.ca.uky.edu/kccl/keld.php>
- Kentucky Extension Volunteer Administration Handbook
 - A complete, self-contained resource for Extension Professionals serving in the role of Volunteer Administrators
 - https://4-h.ca.uky.edu/sites/4-h.ca.uky.edu/files/extension_volunteer_handbook_4_7_15.pdf
- *Volunteer Kentucky!*
 - Series of six self-contained lesson plans in community volunteer administration
 - Designed to establish Extension as the premier volunteer development resources in Kentucky

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