



Kentucky 4-H Camping 2021 Group Rental Menu

Rental Dates: _____

The Group Leader will submit this form to indicate their menu choices. If this form is not returned at least 10 days prior to the group's visit, the Camp Director will choose the menu for the group.

*Please mark the meals with the abbreviated day/time you wish to have them served (Example: MON DINNER, TUE LUNCH, ETC)
Menu items are subject to change depending upon product availability.*

	<u>Breakfast Choices</u>	
<p>--- </p> <p>Pancakes Scrambled Eggs Sausage Links Syrup</p>	<p>--- </p> <p>Biscuit & Gravy Scrambled Eggs Sausage Patty</p>	<p>--- </p> <p>French Toast Sticks Scrambled Eggs Bacon Syrup</p>
	<u>Lunch and Dinner Choices</u>	
<p>--- </p> <p>--- </p> <p>Chicken Patty Fresh Toppings Mac & Cheese French Fries Orange Slices</p>	<p>--- </p> <p>--- </p> <p>Corn Dogs Nacho Cheese Mac & Cheese Tater Tots Apple Crisp</p>	<p>--- </p> <p>--- </p> <p>Pork BBQ Sandwich Corn on the Cob Potato Chips Pineapple</p>
<p>--- </p> <p>--- </p> <p>Baked Spaghetti Garlic Bread Green Beans Grapes Brownie</p>	<p>--- </p> <p>--- </p> <p>Chicken Nuggets Mashed Potatoes Green Beans Strawberry Short Cake</p>	<p>--- </p> <p>--- </p> <p>Beef Taco Salad Fresh Toppings Mexican Rice & Black Beans Queso Cheese Ice Cream Cup</p>

Kentucky 4-H Camping Food Service

Dietary Accommodations Policy

Peanuts and Tree Nuts

1. The camping program cannot guarantee that menu items and snacks stored and served out of the kitchen are nut-free or made in nut-free facilities. The camping program cannot guarantee that packages containing food, received in the mail, are nut-free. The camping program cannot guarantee that items sold in the Country Store are nut-free or made in nut-free facilities. Parents/Guardians of youth with a serious, rapid-onset allergic reaction to nuts via airborne or physical contact, are encouraged to contact their Camp Director.

Documented Medical Needs

2. Individuals with documented medical needs related to their diet should contact their Camp Director to provide additional information about their needed accommodations.

Vegetarian, Gluten-Free, and Religious Dietary Requirements

3. The camping program will provide accommodations at breakfast, lunch, dinner, and snack for participants who are vegetarian, gluten free, or have religious dietary requirements.
 - a. Vegetarian
 - i. Main dishes containing meat will be substituted with vegetarian main dishes of similar sustenance (e.g., fajita chicken and beef taco salad could be replaced with a vegetarian grilled chick substitute [soy based] that can be easily added to a tortilla or taco). Other examples of substitutes could be cheese pizza (replaces pepperoni pizza), grilled garden veggie burger or black bean burger (replaces hamburger), vegetarian lasagna (replaces baked spaghetti), veggie sausage (replaces pork sausage or bacon), veggie hickory BBQ riblet (replaces pork BBQ sandwich).
 - ii. Side dishes containing meat or meat byproducts will be substituted with vegetarian side dishes of similar sustenance (e.g., green beans containing pork broth will be substituted with vegetarian green beans).
 - b. Gluten-Free
 - i. Main dishes containing gluten will be substituted with gluten-free main dishes of similar sustenance (e.g., pepperoni pizza would be replaced with a gluten free pepperoni pizza).
 - ii. Side dishes containing gluten will be substituted with gluten-free side dishes of