



ID #: _____

4-H Program Evaluation

Health

Circle the response that most closely represents your thoughts about each statement.

As a result of participating in this 4-H program:

Program Specific				
1.	Strongly agree	Agree	Disagree	Strongly disagree
2.	Strongly agree	Agree	Disagree	Strongly disagree
3.	Strongly agree	Agree	Disagree	Strongly disagree
4.	Strongly agree	Agree	Disagree	Strongly disagree
Core Curriculum				
5. I make healthy lifestyle choices	Strongly agree	Agree	Disagree	Strongly disagree
6. I do not engage in risky behavior.	Strongly agree	Agree	Disagree	Strongly disagree
7. I feel good about myself.	Strongly agree	Agree	Disagree	Strongly disagree
8. I know how to handle stress.	Strongly agree	Agree	Disagree	Strongly disagree
General 4-H				
9. I used information I learned to make decisions.	Strongly agree	Agree	Disagree	Strongly disagree
10. I have the confidence to speak in front of groups.	Strongly agree	Agree	Disagree	Strongly disagree
11. I got to know adults who care about me and are interested in my success.	Strongly agree	Agree	Disagree	Strongly disagree
12. I use skills I learned in 4-H in other activities at home, school or in my community.	Strongly agree	Agree	Disagree	Strongly disagree