



# Kentucky 4-H 2016

Making a difference!

To make the best better!

## Who are Kentucky 4-H'ers?

279,451 youth from around the state, or 35% of the K-12 grade population participate in 4-H.



## What is 4-H?

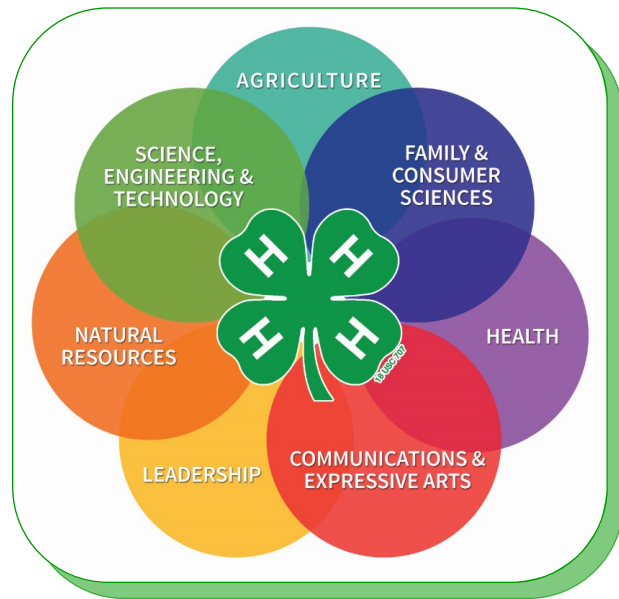
4-H is a **community** of **young people** across **Kentucky** who are learning **leadership**, **citizenship** and **life skills**. 4-H empowers youth to reach their full potential by developing skills to succeed in today's global society.

Head, Heart, Hands, and Health are the four Hs in 4-H which represent the four values members work on through fun and engaging programs.

- Head - Managing, Thinking
- Heart - Relating, Caring
- Hands - Giving, Working
- Health - Being, Living

## Engaging Teens and Tweens

- 51 youth serve on State Teen Council
- 426 youth attended Teen Conference
- 439 middle school youth participated in Teen Summit
- 80 youth were involved in Issues Conference
- 24 teens attended National 4-H Congress
- 36 teens serve on Teen Leadership Boards including Performing Arts; Fashion; Science, Engineering and Technology; and Shooting Sports

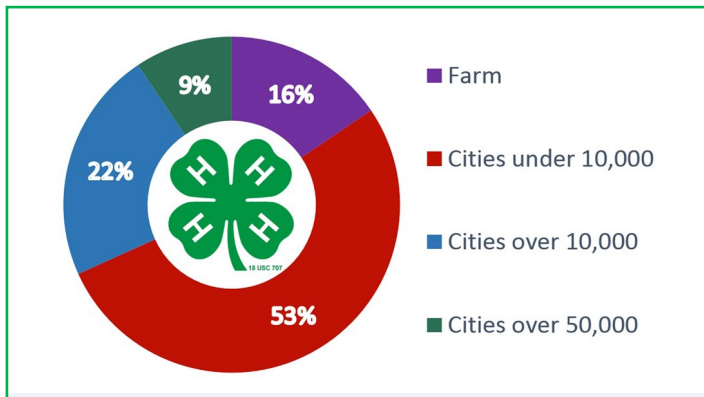


## How do 4-H'ers participate?

- 118,128 members joined 4-H clubs
- 104,700 youth participated in Special Interest and Short-term programming
- 31,420 campers attended a variety of 4-H overnight and day camps
- 145,579 youth were involved in School Enrichment Programs



## Where are we from?



## Fast Facts

- 89,761 youth acquired one or more life skills through the 4-H Core Curriculum Areas
- 24,844 youth demonstrated communication skills by presenting a speech or demonstration
- 9,187 youth participated in the 4-H residential camping program
- 3,921 youth participated in 4-H Environmental Camp
- 59,717 youth increased leadership skills and gained self-confidence
- 48,675 youth increased personal money management skills
- 40,184 youth increased knowledge of science relating to natural resources and the environment

## Volunteers Expanding Outreach

4-H empowers youth to reach their full potential while working and learning in partnership with caring adults.

- 18,421 adult volunteers engaging youth in local communities
- 4,332 youth serving in volunteer roles in their own community

4-H programs exist in all 120 counties through the University of Kentucky / Kentucky State University Cooperative Extension Service. Find your local County Extension Office at [www.ca.uky.edu/county](http://www.ca.uky.edu/county)

## What are 4-H'ers studying?

- 153,459 in Citizenship
- 910,88 in Leadership and Personal Development
- 15,454 in Civic Engagement
- 46,917 in Communications and Expressive Arts
- 256,362 in Science, Engineering and Technology
- 54,376 in Environmental/Earth Sciences
- 54,093 in Consumer and Family Sciences
- 45,696 in Technology and Engineering
- 64,301 in Animal and Plant Sciences
- 148,432 in Healthy Lifestyles
- 19,231 in Personal Safety



4-H means an opportunity to excel as a well-rounded person. From learning hands on skills to communication and everything in between. This organization creates purpose in the lives of many youth as well as in the lives of volunteers, adults, and extension staff. It is an organization that truly leaves the world better than it was found, which completely reflects the motto, "To Make the Best Better."

Nicole, Nelson County

**4-H's Long-reaching Effects**  
Compared to other youth, 4-H'ers are:

- 4x** more likely to contribute to their communities
- 2x** more likely to be civically active
- 2x** more likely to make healthier lifestyle choices