Date: June 2015

To: Kentucky 4-H International Program, Host Families

From: Mark Mains, Extension Specialist for 4-H Youth Development, Teen & International Programs

Re: Hosting Information

Thank you for agreeing to host a Japanese youth through the Kentucky 4-H International Program this summer. You and your family are embarking on a life-changing experience that, literally, opens your door to the world!

Enclosed in this packet is the orientation PowerPoint for your homestay. If you haven’t already done so, you are encouraged to send a letter and email (if they have listed one) to your Japanese delegate. Photos, emails, digital photos, maps, etc are all ways to share a little about your home before the delegate arrives. This helps them to feel more comfortable at the beginning of their visit. It also helps to reassure the Japanese family about the home and people that will become their child’s “second family”!

**Orientation Phone Calls**

ALL FAMILIES in the program will need to take part in an orientation. To participate in the orientation, please do the following:

- Orientations are scheduled for 6:30 pm ET/5:30 pm CT on June 30, July 6 and July 7 (you only attend one). Please select one date, mark it on your calendar and let me know when you will be joining (you are welcome to email me this information).

- At the appropriate time, dial 877-394-0659 and, when prompted, dial the ID number 736794160

- The host parent and host sibling should be on the call. At a minimum, one parent should attend.

- Have your orientation PowerPoint available for reference during the call. This is included in this packet.

You have been provided with a variety of “self study” orientation/information materials. If these seem overwhelming, please focus on the orange Host Family Guidebook that was given out earlier. This is the most important item. Other materials you should have received include:

- Konichiwa Phrase Book & CD *(already sent)*

- Insurance Information & Insurance Card *(copy, they will also have copy)*
• School Information Packet (upon request)

• Cultural Packet/Information (contains information on importance of Japanese cloth wrapping “furoshiki”, chopsticks and paper fans)

• Windows to Asian Cultures (some additional information and activities that provide insight into Asian cultures)

• Family “Journal” (all families are asked to complete this…it doesn’t have to be fancy. This a great way for the Japanese youth to showcase their experience when they return home)

• First Day Questions Sheet (this is given to the Japanese delegates but I wanted to share a copy in case they don’t feel comfortable sitting down with you to discuss…this is a great ice breaker and a way to help them feel part of the family)

• Origami Packet (if you are stuck for something to do, pull this out and fold some origami together!)

Delegate Arrival
You will be picking your delegate up on Saturday July 25, 2015 at 12 pm ET/11 am CT at the E.S. Goodbarn on the University of Kentucky Campus (across from football stadium). There will be a brief adoption ceremony followed by a presentation by the Japanese delegates. You should be back on the road at about 1 pm ET/12 pm CT. The delegates will NOT have eaten lunch when you pick them up.

E.S. Goodbarn Campus Guide Website:
http://ukcc.uky.edu/cgi-bin/dynamo?maps.391+campus+0097

E.S. Goodbarn Address:
E. S. Goodbarn
1451 University Drive
Lexington 40546-0097

When turning from Nicholasville Road (also called South Limestone Road) onto Farm Road, the destination will be on your right. There is a gated Parking Lot that can be used OR you can park in Parking Lot to the side of the building. You enter through the doors that are adjacent to the gated Parking Lot and walk straight ahead into Gorham Hall.

When arriving at the building, there will be signs showing the room marked “4-H Japanese/LABO Exchange Program”. You are welcome to bring the entire family or just a few. My cell phone is 859-393-1463 if you need to contact me.
LABO Program Departure:
Your drop off date will be August 20, 2015 (Thursday) at the LaQuinta Inn & Suites by the Kentucky State Fair/Louisville Airport. More information about the drop off will be sent later. The address for the hotel is:

La Quinta Inn & Suites Louisville Airport & Expo
4125 Preston Hwy
Louisville, KY 40213
Phone: 1-502-368-0007

Please feel free to contact me if you have any questions. Thank you for opening your doors and your hearts to this program!

Sincerely,

Mark Mains
University of Kentucky
Extension Specialist for 4-H Youth Development
QUESTIONNAIRE FOR FIRST DAY WITH HOST FAMILY

Sit down with your host family and ask these questions the first day of your stay.

1. What should I call you? (Mom? Dad? First name?)

2. Which chores do I need to do everyday?

3. May I help you at meal time? (Choose one or two duties)

4. May I help myself to food and beverages or would you like me to ask first?

5. Are there any areas in the house that are strictly private?

6. Where may I put my clothes and my suitcases?

7. What time should I get up in the morning?

8. What time must I go to bed every night?

9. When may I take a bath? (How long?)

10. Where can I buy stamps?

11. Where can I mail letters?

12. What are the rules about telephone calls?

REMEMBER: IT IS NOT ADVISED FOR LABO GUESTS TO CALL HOME. HAIR PERMANENTS, EAR PIERCING AND TATTOOS ARE FORBIDDEN WITHOUT PERMISSION FROM PARENTS IN JAPAN. SMOKING, ALCOHOL AND DRUGS ARE FORBIDDEN BY LABO.

禁止事項：日本への国際電話、パーマ、ピアス、タトゥー（入れずみ）。タバコを吸うこと、お酒を飲むこと、ドラッグ（麻薬）は絶対禁止！