Continue using skills learned in the previous units. You should learn or refine at least three new skills.

➢ **DO** *New skills you may learn or refine:*

- Learn to select and sew pattern(s) designed for leisure activity using specialty knits, nylon rainwear fabric, ripstop nylon, microfiber, fleece, 2-way stretch knit, or lingerie knit.
- Learn to construct appropriate seams and seam finishes for the chosen fabric.
- Learn to lay out a pattern using a napped fabric or a one-way directional design.

➢ **APPLY** *Using new skills from above and/or ones learned from previous units, practice the skills you have learned, complete a project, and remember to keep a record of what you have sewn.*

**What you will do:**

**Skill Practice**

*Sewing is an art as well as a skill! The more you sew and practice the skills you are learning, the better you will become at them.*

Become involved in the Senior Level *Knowing Sewing Skillathon.* Your local County Agent has more information about this activity.

*Sew and exhibit from one of the options.* Items from Clothing and Non-Clothing Options may not be combined for a complete project.

- **Clothing Option**
  2 or 3-piece complete outfit, choose from the following:
  - Athletic wear such as leotard, cycling wear, warm-up suit, bathing suit and cover-up, tennis wear
  - Pajamas and robe (must use specialty fabric listed above)
  - Raincoat and hat or rain suit

- **Non-Clothing Option**
  - Kite (minimum size 2-feet x 3-feet)
**Keep a record of what you have sewn.**
Take time to fill out the Record Sheet for this project. Be sure to list the skills you have attempted as well as those you believe you have mastered. Store it in a notebook to review before you begin next year’s sewing unit.

**What you will need:**

**Equipment:**
- Sewing machine
- Serger (optional)
- Basic sewing kit to include: tape measure, sewing gauge, seam ripper, dressmaker’s shears, thread snips, marking pencil/pen, dressmaker’s pins, ball point pins, pin cushion/magnet, thimble, hand sewing needles (sharp and/or ballpoint).
- Iron and ironing board
- Zipper foot
- Even feed foot for sewing machine
- Buttonhole attachment/foot
- Other sewing machine attachments as needed

**Notions & Material:**
- Pattern*
- Fabric(s) - according to amount needed
- Thread to match
- Interfacing - see pattern for amount
- Other notions as needed (zipper, buttons, trim, etc.)

* A commercial pattern may be used for the clothing and non-clothing options.

➢ **SHARE**  Show others what you have learned:

- Participate in your County Fashion Revue
- Participate in your County Demonstration Contest
- Exhibit at your County Fair or Rally Day (Project Card required)
- Participate in your club or County **Knowing Sewing Skillathon**

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