Kentucky 4-H Youth Development invites you to conduct your 2015 PRE-SEASON FOOTBALL CAMP at West Kentucky 4-H Camp

Kentucky’s 4-H Camping Centers extend a welcome and an invitation to take advantage of the unique opportunities available to you and your football team. At the West Kentucky 4-H Camp your team can get away from everyday distractions and concentrate on the fundamentals of building team work.

WEST KENTUCKY FOOTBALL CAMP PACKAGE: $43/person per night

Football Camp Package includes lodging, meals, use of athletic fields, and access to buildings for team meetings.

We also have a pool, canoes, and a Challenge Course available for an additional fee. We strongly encourage coaches to schedule a visit to Camp prior to submitting a Rental Application to ensure that our facilities meet the needs of individual football teams.

To check availability and for more information please contact:

Greg Russell, Camp Maintenance Supervisor
wkydirector@kentucky4h.org
(270)797-8758
FOOTBALL CAMP GUIDELINES and RULES

A. To reserve the West Kentucky 4-H Camp facilities, a team representative must submit the Football Camp Application and a $500 NON-REFUNDABLE deposit. Application and Deposit should be mailed directly to:

Camp Rentals, 4-H Youth Development, 212 Scovell Hall, Lexington, KY 40546

Once the application and deposit are received, camp staff will confirm availability and respond to the team representative. PLEASE NOTE: It is always a good idea to check availability and confirm pricing with camp staff prior to submitting an Application.

B. The team representative who submits the rental application and the onsite Coaching Staff will be held responsible for the conduct and actions of team members while they are on 4-H Camp property. Charges will be assessed for any and all damages to facilities and grounds (including but not limited to defacing of property, broken furniture, and busted windows).

C. At least one adult leader must be present prior to the arrival of team members to check-in with Camp Staff and receive their group packet. Leaders are expected to orient teams to camp facilities.

D. Overnight groups with participants under the age of 18 are required to have at least one adult leader in every cabin. It is recommended that all groups have a minimum ratio of 1 leader for every 10 youth. *See additional information in our GUIDELINES FOR SUPERVISION OF YOUTH.

E. The University of Kentucky and the West Kentucky 4-H Camp do not provide supplemental insurance for non-extension groups; it is the responsibility of each rental group to provide insurance coverage for their group and we recommend the purchase of short-term event insurance coverage.

F. The University of Kentucky and the West Kentucky 4-H Camp do not provide on-site medical personnel. It is recommended that each group appoint one leader to be responsible for providing first aid and minor medical treatment. It is also recommended that groups have a plan in place to handle the collection and dispensing of prescription medications.

G. Groups are expected to leave all facilities and grounds clean and neat. Charges may be assessed to groups who fail to leave the property in satisfactory condition.

H. Final participant numbers (players and adult leaders & coaches) must be submitted at least 2 weeks prior to the event date. Food will be ordered based on the submitted numbers. Teams who cancel within 2 weeks of their scheduled camp will be charged for the food ordered for their team.

I. The Team Representative will be presented with a final invoice prior to their departure and will be required to submit full payment (including damage charges) upon check-out. Teams who schedule swimming, canoeing, or challenge course sessions (must be requested with original Application) are required to pay the lifeguards and/or facilitators directly at the close of their last session worked; payment can be in cash or check.

J. The West Kentucky 4-H Camp is a University of Kentucky property and University of Kentucky staff/representatives may inspect the facilities at any time.

K. 4-H camp facilities, operated under the direction of the University of Kentucky College of Agriculture’s Cooperative Extension Service and 4-H Programs, are NOT available for the following group rental purposes: group fund-raising efforts, activities which open the camp facilities to the general public, and partisan or non-partisan political endeavors

L. The West Kentucky 4-H Camp reserves the right to refuse future rental services to any group who does not comply with Rental Guidelines and/or Camp Rules.
The following rules should be observed at all times by all members of the group:

1. NO ALCOHOLIC BEVERAGES, NO DRUGS, NO EXPLOSIVES, and NO FIREARMS are permitted on the camp grounds. The presence of any of these substances will result in immediate dismissal of a group from camp property.

2. Parking is permitted in designated areas only. Vehicles may not be parked at cabins unless special permission is granted by the Camp Director. **PARKING ON THE GRASS IS PROHIBITED.**

3. Swimming and canoeing activities require a certified lifeguard at all times.

4. Fishing is permitted as a “catch-and-release” activity only. Participants 16 years of age and older must possess a current Kentucky fishing license.

5. Lifejackets must be worn at all times by all participants at the fishing area, waterfront area and in watercraft.

6. **SWIMMING IN THE LAKE IS NOT ALLOWED AT ANY TIME. NO EXCEPTIONS.**

7. Adequate adult supervision is required at all times for youth under the age of 18.

8. Smoking is permitted **ONLY IN THE DESIGNATED SMOKING AREA** which is located behind the dining hall storage buildings.

9. Pets are not permitted on camp property.

10. Transportation in vehicles where seats are not attached is **NOT** permitted. This includes (but is not limited to) wagons, car trunks, and backs of pick-up trucks.

11. Shoes should be worn at all times outside of cabins and the pool area. Close-toed shoes are **HIGHLY** recommended.

12. **HUNTING OR CAPTURING ANIMALS ON CAMP PROPERTY IS STRICTLY PROHIBITED.**

13. Use of motorized vehicles such as ATV’s and golf carts is permitted for transporting equipment and/or supplies ONLY; they must remain parked and locked at all other times. Only adults 18 years of age or older are permitted to drive these vehicles. They are permitted only on camp roadways or access trails. Teams who choose to bring ATV’s or golf carts must notify Camp Staff in advance by indicating this intention on the Football Camp Application. **PLEASE NOTE: RV’s and pop-up tents are not allowed on camp property.**
GUIDELINES FOR SUPERVISION OF YOUTH

All programs involving youth age 18 and younger must have adequate supervision during all activities. The following recommendations are made to groups:

- Leaders should be a minimum of 3 years older than the youth they are supervising.
- All adult leaders should have a criminal background check on file with the organization sponsoring the group activity.
- All leaders should understand the group’s behavior expectations for participants.

OVERNIGHT STAYS

The minimum supervision requirement is one adult leader (18 years of age and older) for every cabin. However, for the sake of safety and to prevent situations where the opportunity for child abuse could arise, it is recommended there be a minimum of 2 leaders with every cabin group. Cabin leaders should be the same gender as the participants in the cabin.

*The recommended number of leaders per cabin is as follows:

- 4-5 year olds: 1 leader for every 5 campers
- 6-8 year olds: 1 leader for every 6 campers
- 9-14 year olds: 1 leader for every 8 campers
- 15-18 year olds: 1 adult for every 10 campers

DAYTIME ACTIVITIES

The minimum supervision requirement is one adult leader (18 years of age and older) for every 20 participants. However, for the sake of safety and to prevent situations where the opportunity for child abuse could arise, it is recommended there be a minimum of 2 leaders with every group. *The recommended number of leaders for general activities is:

- 4-5 year olds: 1 leader for every 6 youth
- 6-8 year olds: 1 leader for every 8 youth
- 9-14 year olds: 1 leader for every 10 youth
- 15-18 year olds: 1 adult for every 12 youth

AQUATIC ACTIVITIES

- Swimming Pool activities require 1 certified lifeguard for every 25 swimmers. There must be one additional adult leader present in the pool area for every 25 youth.
- Canoeing activities require a Waterfront Rescue certified lifeguard. In addition, there must be at least one adult leader present at the waterfront area.

*The ratio recommendations listed above are consistent with our American Camp Association accreditation standards.
2015 FOOTBALL CAMP APPLICATION
West Kentucky 4-H Camp

Mail application & $500 NON-REFUNDABLE deposit to:
Camp Rentals/Football Camps
4-H Youth Development
212 Scovell Hall
Lexington, KY 40546

Name of School _____________________________________________________________
Person in Charge ___________________________________________________________
Title ________________________________________________________________
Complete Address __________________________________________________________
(Route/Box no./Street)                             (City, State, County, Zip)
School phone __________________________ Cell Phone __________________________
Email Address _____________________________________________________________
Arrival: Date _____/_____/____  Time ___________     Departure: Date _____/_____/____  Time ___________
Estimated Attendance (Minimum of 40): ________ # of players _____  # of coaches _____  # of females _____
If you are a returning team with specific cabin preferences or need separate cabins for specific individuals, please list below:
(requests are not guaranteed)
Will you be bringing ATV’s or golf carts for transportation of equipment/supplies? _____yes  _____no
Name of person responsible for providing first aid care to your group______________________________
Does your group have short term event or other insurance coverage ___yes  ___no
Please list any other considerations that will help us prepare for your team:

Meals must be prepared by the camp staff. Any special dietary needs must be communicated to camp personnel in advance.

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<th>Meal Time-Arrival Day</th>
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FACILITIES NEEDED (please check all that apply)

____ Football Field  ____ Dining Hall  ____ Sparks Hall  ____ Campfire Area
____ Recreation Field  ____ Pavilion  ____ Shelter House
____ Swimming Pool ($120 for 3-hour session, additional $45 paid to each lifeguard)
____ Canoes ($180 for 3-hour session, additional $45 paid to each lifeguard)
____ Low Ropes ($5/person for 3-hour session, additional $45 paid to each facilitator)
____ High Ropes ($18/person for 3-hour session, additional $45 paid to each facilitator)

As the person submitting this application for the above named group, I have read and agree to follow the attached Group Rental Guidelines and Rules. Furthermore, I assume responsibility for supervision of the group, its behavior, and any specialized recreational activities. I will provide orientation to the camp’s safety procedures and regulations as outlined in the attached Guidelines and Rules and in the Group Information Guide. We understand that there are inherent risks involved in the use of this facility in an outdoor setting. We release the UNIVERSITY OF KENTUCKY, 4-H, its members, trustees, officers and employees from any liability for accidents or injury that any part of our group may experience while renting the facility.

________________________________________     _____/_____/____
Signature of Group Leader     Title                    Date