Kentucky 4-H Youth Development Update

November 2015

The Cooperative Extension Service promotes life-long learning of clientele. With the extensive agent training and professional development opportunities 4-H agents have the opportunity for life-long learning as well. Recently, many agents from Kentucky took advantage of continued learning through participation in the National Association of Extension 4-H Agents Conference in Portland, Oregon. Life-long learning leads to excellence and making “the best better”. Congratulation to the following agents for their outstanding accomplishments:

Regional Winners:
- Danielle Hutchins- Educational Technology Individual Award
- Quinn Smith, TJ Adkins, and Toni Humble- Excellence in Teen Programming Team Award

National Winners:
- Lisa Adams, Miranda Shearer and Scott Darst- Excellence in Natural Resources and Environment Education Team award
- Achievement in Service Award- Meagan Klee
- Distinguished Service Award- Heather Cassill, Tony Rose and Cathy Weaver
- Meritorious Service Award- Sherri Farley
- 25 Years of Service Award- Diane Kelley, Carole Goodwin and Lois Carter

Kentucky Awarded 4-H National Mentoring Program Award
Kentucky 4-H just received confirmation that we will receive $57,960 to continue the Tech Wizard Robotics Mentoring Grant. Many thanks to Jann, the agents and others who work with this grant!!!!

Kentucky 4-H Youth Attend North American International Livestock Exposition in Louisville
We are very proud of the 4-H members and teams who will be representing Kentucky 4-H at NAILE in Louisville. Many thanks to the specialists, agents, and volunteers who have prepared the youth for the many judging and skill-a-thon events that take place. UK, CAFE and Kentucky 4-H are very proud that we are the official host land-grant university for the 4-H events held during NAILE and that all events have met the guidelines for multi-state or national 4-H event designation established by National 4-H Headquarters.
Charlene Jacobs, Assistant Director for 4-H Youth Development

UPCOMING EVENTS AND PROGRAM INFORMATION

Shooting Sports:
Next State Shooting Sports Committee meeting is Saturday, November, 7th at 1 pm at the Hardin Co. CES office, Elizabethtown. The 2016 rule change proposals will be discussed and voted on at this meeting. The proposals are posted on the Rules website at https://4-h.ca.uky.edu/content/shooting-sports-policies-and-rules.
Donna Fox, Extension Specialist for 4-H Youth Development

Camp:
Interviews for the new Lake Cumberland Program Director will be held November 4th. We hope to announce the new director shortly thereafter with a start date the first of December.

The Feltner 4-H Camp Improvement Committee is meeting on Saturday, November 14th at 10:30 am at camp.
Donna Fox, Extension Specialist for 4-H Youth Development
Nutrition Education Project
The NEP Advisory Council met on Oct. 28. Lots of new and exciting resources and opportunities are on the horizon—continuation of Chop Chop magazine, new billboards in areas where the targeted audience lives, new 25 min videos of physical activities for families, new teaching and promotional tools, new incentives—just to name a few. Be sure to take advantage of these as they are released. Many of the ingredients for recipes in 4-H curricula will qualify for SNAP-ed reimbursement when taught to SNAP-ed audiences. The following 4-H core curricula qualify for use with SNAP-ed audiences: Super Star Chef series; Teen Cuisine; Cooking 101-401; Exploring MyPlate with Professor Popcorn; KY Farm 2 School; Wellness in KY; What’s on Your Plate; Building a Healthy, Wealthy Future; Egg Preparation Demonstration; KY 4-H Chicken and Turkey Barbecue Project; KY 4-H Poultry Barbecue Contests; Jump into Food and Fitness; LEAP—Literacy, Eating and Activity for Primary Youth Health Curriculum; Media-Smart Youth; The OrganWise Guys; and Steps to a Healthy Teen. NEP staff members recently conducted training on LEAP for librarians across the state. Don’t be surprised if your local librarians contact you or another agent in your office about a partnership.

Martha Welch, Extension Specialist for 4-H Youth Development

4-H Gift Idea
The Christmas season when many families celebrate by giving gifts is approaching. Perhaps it’s a good time to remind parents that 4-H project books, supplies and payment of registration fees make great gifts for members. For example, we recently added 4-H Cooking 101-401 to the core. Each of the four books cost $9.95 from www.4-hmall.org. For a child just beginning to cook, Cooking 101 will provide a great source of instruction in basic skills and about 40 pages of kid-friendly recipes. This $10 gift can lead to a lifetime of nutritious meals and a great deal of pleasure along the way. For a member who has been cooking for a long time, Cooking 301 or 401 might be more challenging choices. Sometimes a small idea leads to a big outcome. Pass it on.

Martha Welch, Extension Specialist for 4-H Youth Development

Livestock and Horse Re-Certification of Volunteers
All livestock and horse certified volunteers must have completed two hours of training by Dec. 31 to remain a certified volunteer for your county. Check the guidelines for specifics. Go to: http://afs4hyouth.ca.uky.edu/klvcprogram

Martha Welch, Extension Specialist for 4-H Youth Development

2015 Series of In-Services
The Series of In-Services is scheduled for Dec. 1-3 at the Hyatt Regency Downtown Lexington. The Series begins at 11:30am on Tuesday and ends at 2:45pm on Thursday. Details were included in an email on October 29 and again on October 30.

Registration Process:
• **Lodging:** Make reservations at the Hyatt Regency by Nov. 1 for the reduced rate of $99/night. To book a room on-line: https://resweb.passkey.com/go/ky4h. To book a room by phone, call: 1-859-253-1234 or 844-236-7574; identify yourself as part of the “Kentucky 4-H” group. Your reservation must be guaranteed with a major credit card.

• **Series Registration:** Deadline: Tuesday, Nov. 10--To register on-line for the Series, go to: https://apps.ca.uky.edu/agentforms/web/login. Agents and assistants, you will register yourself. If you have volunteers attending, you will need to submit this on-line registration for each volunteer. Be sure to print a summary sheet for your records and to mail in with your payment if you pay by check.

• **Payment of Registration Fees:** Deadline: Tuesday, Nov. 10--All fees are to be paid on-line by credit card or by mailed check. Mailed payments are to arrive in the State 4-H Department by close of business no later than 5 business days after the deadline for registration. (That would be Nov. 17.) To pay by credit card, go to: https://kentucky4hfoundation.org/4-h-event-registration-payment/. In the box labelled “Additional Information (optional),” type “Series reg for (participant’s name).” You will receive an email which you may
print as a receipt. To pay by check, you may mail a personal check or request payment by your district board. Make checks payable to: Kentucky 4-H Foundation. In the note section, write: “Series Reg for (your name)” Enclose a printout of your on-line registration with your check. Mail your registration fee to: 2015 Series of In-Services c/o Jay Young, 212 Scovell Hall, Lexington, KY 40546.

- **KERS Registration for Sessions:** Deadline: Nov. 10—All of the sessions to be offered during the Series are available in KERS. Be sure to register for each of the general sessions (3 hrs) and 12 hours of in-services. A visual was included in the email message on Oct. 29 and 30 which will help you plan your schedule.

For complete registration information, agents may refer to email messages on October 29 and 30.

*Martha Welch, Extension Specialist for 4-H Youth Development*

**State 4-H Livestock Judging Team**
The Kentucky 4-H Livestock Judging Team has been very busy this fall. They were

- 4th in cattle and 6th overall at Flint Hills contest which was held in Manhattan, KS. with Taylor Ray placing 10th overall.
- 3rd in swine at Ak-Sar-Ben which was held in Omaha, Nebraska. Ben Brockman placed 10th overall.
- 3rd in swine and 6th overall at Stockman which was held in Frankfort, IN. Jeremiah Cupps was 3rd in swine and Rachel Drumm was 14th overall.
- 3rd in sheep/goats, 1st in swine, reasons and overall at WIU contest held in Macomb, IL. Jeremiah Cupps won the sheep/goats division and was 16th overall. Rachel Drumm was 3rd in reasons and 15th overall. Madison Kelly was 1st in swine and 2nd overall.

They will be competing at the South East Regional in North Carolina and the National contest at Louisville, KY.

The top 8 included: Wyatt Banks, Ben Brockman, Jessica Conn and Katie Jo Walker. The Gold team consists of: Jeremiah Cupps, Rachel Drumm, Madison Kelly and Taylor Ray.

*Steve Austin, Extension Associate for Youth Livestock Programs*

**Monthly Lync Sessions for Interested Agents:**
Each month, a one hour Lync/Skype session is hosted by state staff or experienced agents on up-coming events, projects or general 4-H topics. A few days before the session, every agent will receive a message which includes the link to join the session. For the first year of employment, newer agents are required to participate. Recordings of past sessions are available in the Resource Guide under “N”—“New Agent”, then “Additional Resources for Newer Agents.” *Red lettering indicates a change in date or time.*

- **November 2, 2015** (Monday) 9:30am ET/8:30am CT—Topic: What EVERY 4-H Agent needs to know about the 4-H Horse Program with Fernanda Camargo and Amy Lawyer; If you have a horse program in your county, there is some information that you just need to know...even if you have highly engaged and on-top-of-everything horse volunteers.

- **December 7, 2015** (Monday) 3:00pm ET/2:00pm CT; Topic: What EVERY 4-H Agent needs to know about the 4-H Animal Science Program with Steve Austin; If you have a livestock program in your county, there is
some information that you just need to know...even if you have highly engaged and on-top-of everything livestock volunteers. (This was announced earlier as a morning session; be sure to update your schedule.)

Beginning in February, Lync sessions will typically be held on the 3rd Monday of the month at 9:30am ET/8:30am CT.

*Martha Welch, Extension Specialist for 4-H Youth Development*

**Upcoming In-Services for 2015-16**

We have numerous in-services slated during 2015-16. Be sure to pre-register for in-services that are of interest to you or to youth in your county.  (Many sessions welcome volunteers.  Agents need to pre-register volunteers directly through the session’s contact.)

Here’s a quick list of sessions specifically planned for 4-H agents but refer to the catalog in KERS for additional sessions targeted to all Extension agents.  (4-H agents are not limited to the sessions below.) If the deadline to sign-up has passed, call the contact.  Many times they are able to add participants past the deadline.  Please refrain from simply showing up at a session for which you have not registered.

- **Put It Up!: Food Preservation for Youth:** Nov. 4, Laurel CES office; Nov. 10, Boyle CES office, Nov. 18, Clark CES office, March 2, Webster CES office
- **Staffing the County Program with Volunteers:** Nov. 10, Hardin CES office (Open to all agents but required for new agents during their first year on the job)
- **Client Protection Overview & Update:** Nov. 10, Hardin CES office  (Open to all agents but required for new agents during their first year on the job)
- **4-H Needlework:** Embroidery: Nov. 17, UK Research & Education Center, Princeton; Nov. 19, Morgan CES office
- **Series of In-Services:** Dec 1-3, Hyatt Regency, Downtown, Lexington.
  - **Tuesday, Dec. 1, 2015**
  - **Opening Session**
    - **Afternoon:** choose one 3 hr session or one 1 hr AND one 2 hr session
      - 4-H Online (1 hr)
      - 4-H Issues Conference (2 hr)
      - Help! I Need Money for My SET Program! (1 hr)
      - TechXcite (2 hr)
      - Getting Started in 4-H Visual Arts  (Different to the one at the 2014 Series; a shorter, less hands-on version of the training to be held on Oct. 20 & 22) (3 hr)
      - Cockroaches in the Classroom (3 hr)
      - Volunteer KY! Bringing Extension to the Forefront of Community Volunteer Leadership Dev (3 hr)
  - **Wednesday, Dec. 2, 2015**
  - **Morning:** choose one 3 hr session or one 1 hr AND one 2 hr session
    - Shooting Sports Clubs: The Agent’s Role (2 hr)
    - Hour of Code (1 hr)
    - Truth & Consequences: The Choice is Yours (2 hr)
    - Turning Point—how to set up a survey to use with clickers (1 hr)
    - Inspiring Healthy Teens (3 hr)
    - DanceFit (optional 1 hr)
    - Volunteer KY! Bringing Extension to the Forefront of Community Volunteer Leadership Dev (3 hr)
    - WeConnect-- Teaching Culture, Diversity and Globalism to Youth (3 hr)
  - **Midway Session**
  - **Afternoon:** choose one 3 hr session or one 1 hr AND one 2 hr session
    - Hour of Code (1 hr)
    - TechXcite (2 hr)
- 4-H Online (1 hr)
- Truth & Consequences: The Choice is Yours (2 hr)
- Cockroaches in the Classroom (3 hr)
- How to Offer the 4-H Sewing Project Even if You Don’t Know How to Sew (3 hr)
- KY 4-H Camp: Best Practices for Summer Camp (3 hr)
- Expressive Arts: Video Production (at KET on campus) (3 hr)

**Thursday, Dec. 3, 2015**

**Morning: choose one 3 hr session or one 1 hr AND one 2 hr session**
- KY 4-H Camp: Best Practices for Summer Camp (3 hr)
- Do You Backchannel? (2 hr)
- 4-H Online (1 hr)
- Inspiring Healthy Teens (3 hr)
- How to Offer the 4-H Sewing Project Even if You Don’t Know How to Sew (3 hr)
- WeConnect-- Teaching Culture, Diversity and Globalism to Youth (3 hr)

**Closing Session**

- Annual 4-H Camp Update: Jan. 19 via Lync; Jan. 27 via Lync
- Camp Basics for New Agents with 4-H Camp Responsibilities: Feb. 4, Central KY, location TBA
- If this, Then that: Social Media and Cross-referencing Facebook and Twitter: Feb. 18 via Lync
- 4-H Electric Excitement—Skills for the Future: Feb. 23, Clark CES office; Feb. 24, Hopkins CES office
- Basic Training for New Agents with 4-H Responsibilities: March 1-2, Culton Suite, Good Barn, campus
- The Dirt on Soil: Soils Education In-Service: March 16, UK Research & Education Center, Princeton; March 22, Franklin CES office; March 23, Robinson Center (RCARS), Jackson, KY
- Teen Cuisine: March 29, Greenup CES office; March 31, Laurel CES office; April 6, Webster CES office
- 4-H Aerospace Adventures—the Next Frontier: May 3, Gorham Hall, Good Barn, campus; May 4, UK Research & Education Center, Princeton
- Setting the Standard in 4-H Science Education: May 12 Clark CES office
- 2016 Series of In-Services: Dec. 6-8, 2016 (tentative until hotel is booked)

Martha Welch, Extension Specialist for 4-H Youth Development

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