

2020 Group Rental PLANNING FORM

This form is to be completed and submitted to the Camp Program Coordinator 10, or more, days prior to the group's arrival.

Arrival Date: _____ Departure Date: _____

Name of Group/Event	Group Leader Name	# of youth	# of adults	Total Attendance

LODGING: Please select the cabins you wish to use during your stay.
ALL cabins have heat and air-conditioning. (00) indicates cabin capacity.

Cabin Area 1: ___ 2 (22) ___ 3 (22) ___ 4 (22) ___ 5 (22) ___ 6 (22) ___ 7 (22) ___ 8 (18)

Cabin Area 2: ___ 9 (14-includes a bathroom) ___ 10 (18) ___ 11 (18) 12 (18) 13 (18)

 ___14 (20) 15 (20) ___ 16 (20) ___ 17 (20) ___ 18 (20)

PROGRAMMING: Please indicate below, any special programming requests:

FOODSERVICE: Groups who will provide their own foodservice, disregard page 2 and check this box:



Kentucky 4-H Camping 2020 Group Rental Menu

Rental Dates: _____

The Group Leader will submit this form to indicate their menu choices. If this form is not returned at least 10 days prior to the group's visit, the Camp Director will choose the menu for the group.

Please mark the meals with the abbreviated day/time you wish to have them served (Example: MON DINNER, TUE LUNCH, ETC)

Menu items are subject to change depending upon product availability.

Breakfast Choices

Pancakes
Scrambled Eggs
Sausage Links
Syrup

Biscuit & Gravy
Scrambled Eggs
Sausage Patty

French Toast Sticks
Scrambled Eggs
Bacon
Syrup

Lunch and Dinner Choices

Chicken Patty
Fresh Toppings
Mac & Cheese
French Fries
Orange Slices

Corn Dogs
Nacho Cheese
Mac & Cheese
Tater Tots
Apple Crisp

Pork BBQ Sandwich
Corn on the Cob
Potato Chips
Pineapple

Baked Spaghetti
Garlic Bread
Green Beans
Grapes
Brownie

Chicken Nuggets
Mashed Potatoes
Green Beans
Strawberry Short Cake

Beef Taco Salad
Fresh Toppings
Mexican Rice & Black Beans
Queso Cheese
Ice Cream Cup

_____ Snack A
Cookie Variety

_____ Snack B
Fruit

_____ Snack C
White Cheddar Popcorn

Alternatives and additional options:

1. Salad Bar – a full self-serve salad bar will be made available at all lunch and dinner meals.
2. Cereal – will be made available at all meals as an alternative food option, at the request of the group.
3. Drink options – a variety of drink options will be made available including: coffee, tea, lemonade, Kool aid, orange juice, white milk, and chocolate milk.
4. The foodservice staff will provide additional accommodations for participants who are vegetarian, gluten free, or have religious dietary requirements (e.g. no pork). To better serve these participants, please indicate all dietary restrictions below and the number of guests with those restrictions:

of Vegetarians _____

of Gluten Free _____

of “ _____ ” _____



Kentucky 4-H Camping Food Service

Dietary Accommodations Policy

Peanuts and Tree Nuts

1. The camping program cannot guarantee that menu items and snacks stored and served out of the kitchen are nut-free or made in nut-free facilities. The camping program cannot guarantee that packages containing food, received in the mail, are nut-free. The camping program cannot guarantee that items sold in the Country Store are nut-free or made in nut-free facilities. Parents/Guardians of youth with a serious, rapid-onset allergic reaction to nuts via airborne or physical contact, are encouraged to contact their Camp Director.

Documented Medical Needs

2. Individuals with documented medical needs related to their diet should contact their Camp Director to provide additional information about their needed accommodations.

Vegetarian, Gluten-Free, and Religious Dietary Requirements

3. The camping program will provide accommodations at breakfast, lunch, dinner, and snack for participants who are vegetarian, gluten free, or have religious dietary requirements.
 - a. Vegetarian
 - i. Main dishes containing meat will be substituted with vegetarian main dishes of similar sustenance (e.g., fajita chicken and beef taco salad could be replaced with a vegetarian grilled chick substitute [soy based] that can be easily added to a tortilla or taco). Other examples of substitutes could be cheese pizza (replaces pepperoni pizza), grilled garden veggie burger or black bean burger (replaces hamburger), vegetarian lasagna (replaces baked spaghetti), veggie sausage (replaces pork sausage or bacon), veggie hickory BBQ riblet (replaces pork BBQ sandwich).
 - ii. Side dishes containing meat or meat byproducts will be substituted with vegetarian side dishes of similar sustenance (e.g., green beans containing pork broth will be substituted with vegetarian green beans).
 - b. Gluten-Free
 - i. Main dishes containing gluten will be substituted with gluten-free main dishes of similar sustenance (e.g., pepperoni pizza would be replaced with a gluten free pepperoni pizza).
 - ii. Side dishes containing gluten will be substituted with gluten-free side dishes of similar sustenance (e.g., macaroni & cheese would be replaced with a gluten free macaroni & cheese).
 - c. Religious Dietary Requirements
 - i. Adult guests and parents/guardians of youth attending camp with religious dietary requirements are encouraged to contact their Camp Director to discuss their needs.

Supplemental Food Items

4. For all other dietary needs, not listed above, the camping program will not provide supplemental food items. Parents are encouraged to have a conversation with their Camp Director to formulate a list of supplemental food items the parent/guardian will provide. The camp foodservice staff can store and prepare these supplemented items as needed. The camping program can provide nutrition and ingredient information for all menu items.