

# North Central 4-H Camp Rental Group Guide

Revised 12/01/2019



**North Central 4-H Camp**  
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## WELCOME

- For your group's safety, our electric gate is operable 24 hours a day. An entry code will be given to your group leader a week prior to your arrival.
- If you know of any members of your group that plan to arrive after hours (7pm-7am), please provide the gate code to them in advance.
- The person responsible for your group must check in at the camp office upon arrival and must sign the itemized bill presented to you upon departure. Please discuss any changes at this time.
- **NO TOBACCO PRODUCTS** are permitted inside any camp building. Smoking receptacles are placed in a designated smoking area for those wishing to smoke while visiting the camp. All smoking areas are designated by signs.
- **NO ALCOHOLIC BEVERAGES.**
- **NO DRUGS,** or
- **NO EXPLOSIVES** are permitted on the camp grounds.
- **FIREARMS** are allowed for educational purposes or police marksmanship **ONLY** and their presence must have **prior approval** by the State 4-H Office. (859-218-0994)
- Transporting individuals in the back of pickup trucks, wagons or other vehicles where seats are not attached is **PROHIBITED.**
- We recommend that the group leader: 1. Gather names and addresses of all participants, 2. Gather emergency contact names and numbers, 3. Have a listing of any known allergies or health conditions, 4. For minors without a parent on site, get a signed permission to seek emergency treatment or a signed religious waiver, 5. Have someone in your group trained to use the AED, 6. Lock all over-the-counter and prescription medications in a secure location, with access given only to the individual responsible for administering them.
- Do not block Fire and Police access lanes. Park only in designated parking areas. Camp is not responsible for personal vehicles on the property.
- If you wish to use any athletic equipment belonging to the camp, it must be checked out and checked back in with the camp representative. Any personal sports equipment that the group brings should be stowed safely. Camp is not responsible for personal property.
- Please place all garbage, paper and food in the garbage barrels provided and leave the grounds free of litter.
- PLEASE let us know IMMEDIATELY if you have any problems with our facilities, such as toilets not flushing, no toilet paper, lights out, etc. so that we can correct the situation.
- A Camp Staff Member will inspect the campgrounds after your stay. Any damage to camp property or equipment will be the responsibility of the group and appropriate charges will be assessed.
- **CAMPFIRES / COOKING PIT FIRES** must be attended by an adult at all times. During dry seasons, there may be a **BURN BAN ON CAMPFIRES.** Camp staff will alert group leaders if a Burn Ban is in place.

Camp Staff will provide the group with emergency contact phone # during their stay, and show where the camp's AED is located.

### FISHING

Fishing is permitted for persons registered at the camp. A current state fishing license is required for persons 16 or older. A life jacket will be furnished and is required to be worn at all times by anyone around the waterfront area.

There is a \$40.00 fee added to any checks returned for any reason by your bank.

Any rental fee not received within 30 days of the date of rental will be subject to late fees up to 15%.



### General Safety Regulations

- Swimming is allowed in the pool and in the lake with a lifejacket. Diving is not permitted from either dock.
- A lifejacket will be provided and must be worn by anyone around the waterfront area. This includes use of canoes, swimming, and fishing by members of your group.
- No pets are permitted anywhere on the camp grounds. Service animals are allowed.
- A **certified Lifeguard** must be on duty if anyone is using the pool or lake. **NO EXCEPTIONS.**
- Please observe all safety signs.
- For safety reasons, wear proper footwear.
- Extension cords are not permitted for use in cabins. Power strips with surge protectors are allowed.

### Pool Rules

- \*Do not enter the pool area if no lifeguard is on duty.  
**If you do, you will be asked to leave the camp grounds immediately.***
- \*Follow posted waterslide rules*
- \*Absolutely no running*
- \*No food or drink*
- \*NO Horseplay**
- \*No Standing or Talking to Guards*
- \*No playing on the ladders*
- \*NON-swimmers are not allowed in the deep end of the pool.*
- \*Only one at a time is allowed on the diving board (one bounce).*
- \*NO DIVING ALLOWED\****
- \*Shower before you swim.*

### Emergency Numbers

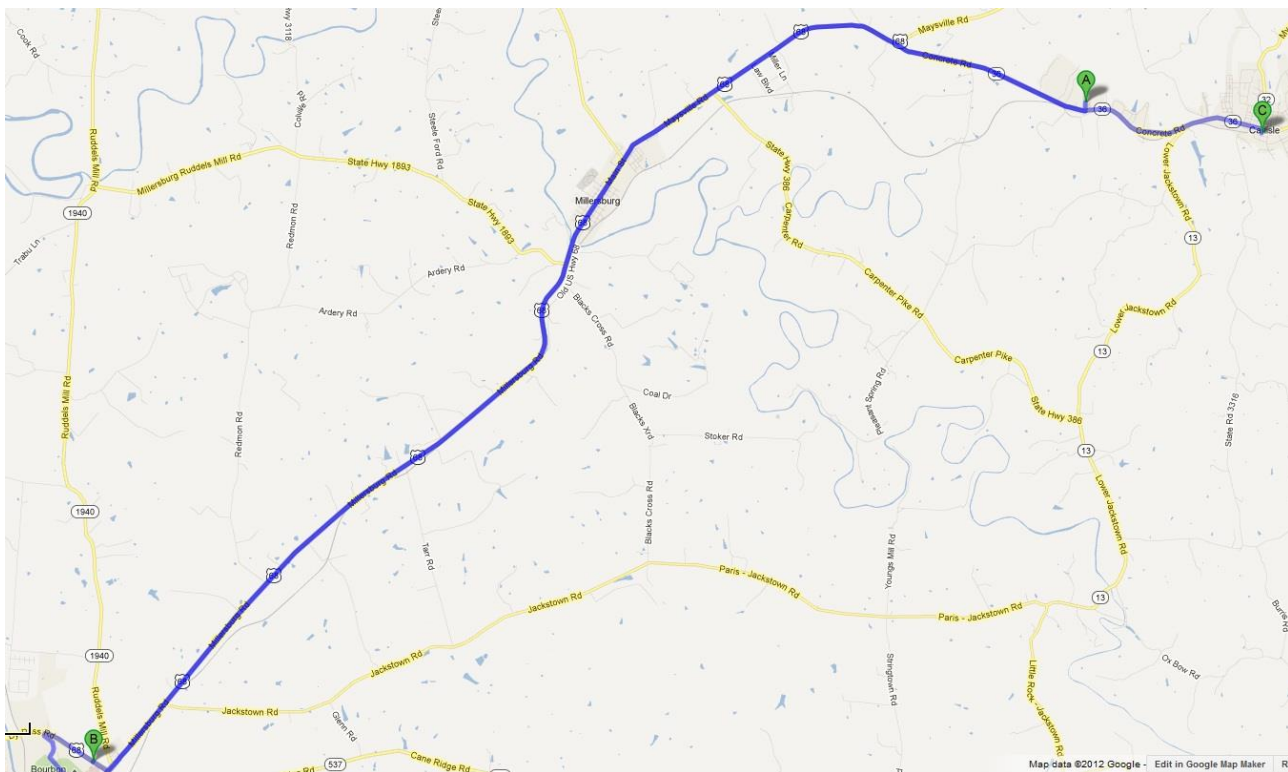
Emergency Rescue Life Squad . . . . .	911
Fire Department . . . . .	911
US Forest Fire Personnel . . . . .	Day 859-784-7504
. . . . .	Night 859-498-2546
Gas Company (Columbia Gas) . . . . .	1-800-432-9515, option 2 after the greeting
. . . . .	Office 606-528-3611
Hospital Emergency Room – Paris. . . . .	859-987-3600
Poison Control Center . . . . .	1-800-222-1222
State Police . . . . .	1-800-222-5555
Sheriff’s Office . . . . .	859-289-3740

Directions to Emergency Care:

Bourbon County Hospital: From camp, turn right on Hwy. 1455 toward Lake Carnico. At the intersection of 1455 and Hwy.68, turn left onto Hwy. 68 toward Millersburg. Follow 68 for approximately 15 miles to the by-pass in Paris. Turn right onto the by-pass and then left on Linville Dr. The hospital is on Linville Dr, approximately .1 mile on the by-pass.

Directions to Pharmacy:

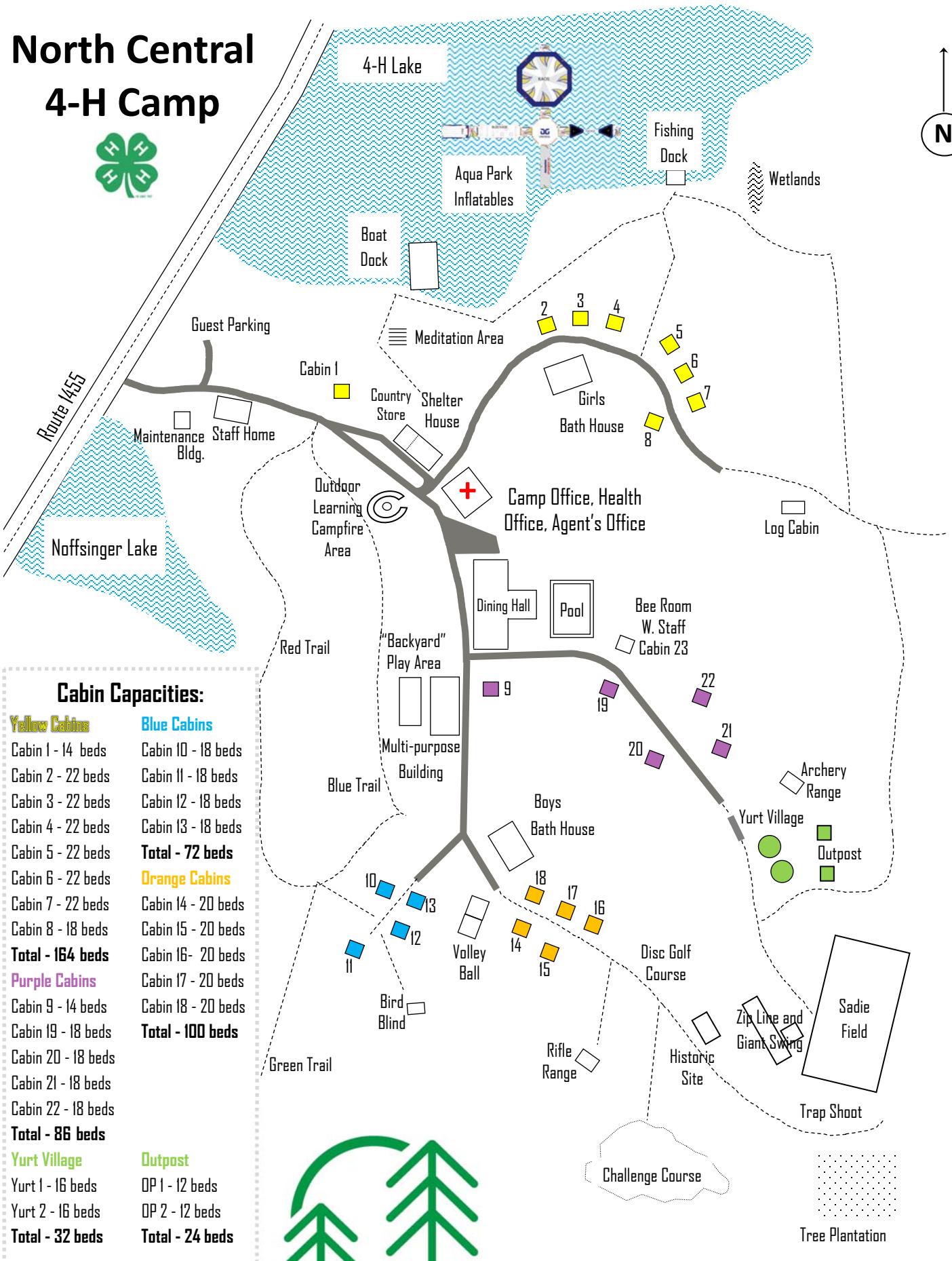
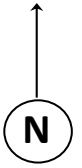
From camp, turn left on Hwy 1455 toward Carlisle and travel approximately 1 ¼ miles. Turn right on Rt. 32 and travel approximately ¼ mile. The courthouse will be on the right. At this intersection (stop light), turn right. **Soper Drug** is on the 3<sup>rd</sup> block on the right. For **Carlisle Drug**, at the stop light, turn right on to Rt. 36 (Old Paris Pike); it is on the left after turning on to Rt. 36.



Nicholas Co Urgent Care  
2330 Concrete Rd.  
Carlisle, KY 40311  
Ph – 859-405-4025  
Fax 859-517-3014



# North Central 4-H Camp



## Cabin Capacities:

### Yellow Cabins

- Cabin 1 - 14 beds
- Cabin 2 - 22 beds
- Cabin 3 - 22 beds
- Cabin 4 - 22 beds
- Cabin 5 - 22 beds
- Cabin 6 - 22 beds
- Cabin 7 - 22 beds
- Cabin 8 - 18 beds

**Total - 164 beds**

### Purple Cabins

- Cabin 9 - 14 beds
- Cabin 19 - 18 beds
- Cabin 20 - 18 beds
- Cabin 21 - 18 beds
- Cabin 22 - 18 beds

**Total - 86 beds**

### Yurt Village

- Yurt 1 - 16 beds
- Yurt 2 - 16 beds

**Total - 32 beds**

### Blue Cabins

- Cabin 10 - 18 beds
- Cabin 11 - 18 beds
- Cabin 12 - 18 beds
- Cabin 13 - 18 beds

**Total - 72 beds**

### Orange Cabins

- Cabin 14 - 20 beds
- Cabin 15 - 20 beds
- Cabin 16 - 20 beds
- Cabin 17 - 20 beds
- Cabin 18 - 20 beds

**Total - 100 beds**

### Outpost

- OP 1 - 12 beds
- OP 2 - 12 beds

**Total - 24 beds**

**Maximum Capacity - 478 beds**



**Carlisle, Kentucky - 2020**





**Driving Directions**

**Use GPS address: 101 4-H Lane, Carlisle, KY 40311**

**North Central 4-H Camp (near Carlisle, KY)**

45 minutes

Take Old Paris Pike (Route 68 West) from Lexington

Stay on 68 to Paris (take bypass around Paris)

Continue through Millersburg on 68

Watch for golf course on right side of road

Turn right onto 1455 and go up through the golf course, passing the clubhouse on left

The camp is located on the left, just past Lake Carnico, watch for sign

**Alternate route - If you are driving from the East -**

I-64 to exit 110 (Mt. Sterling)

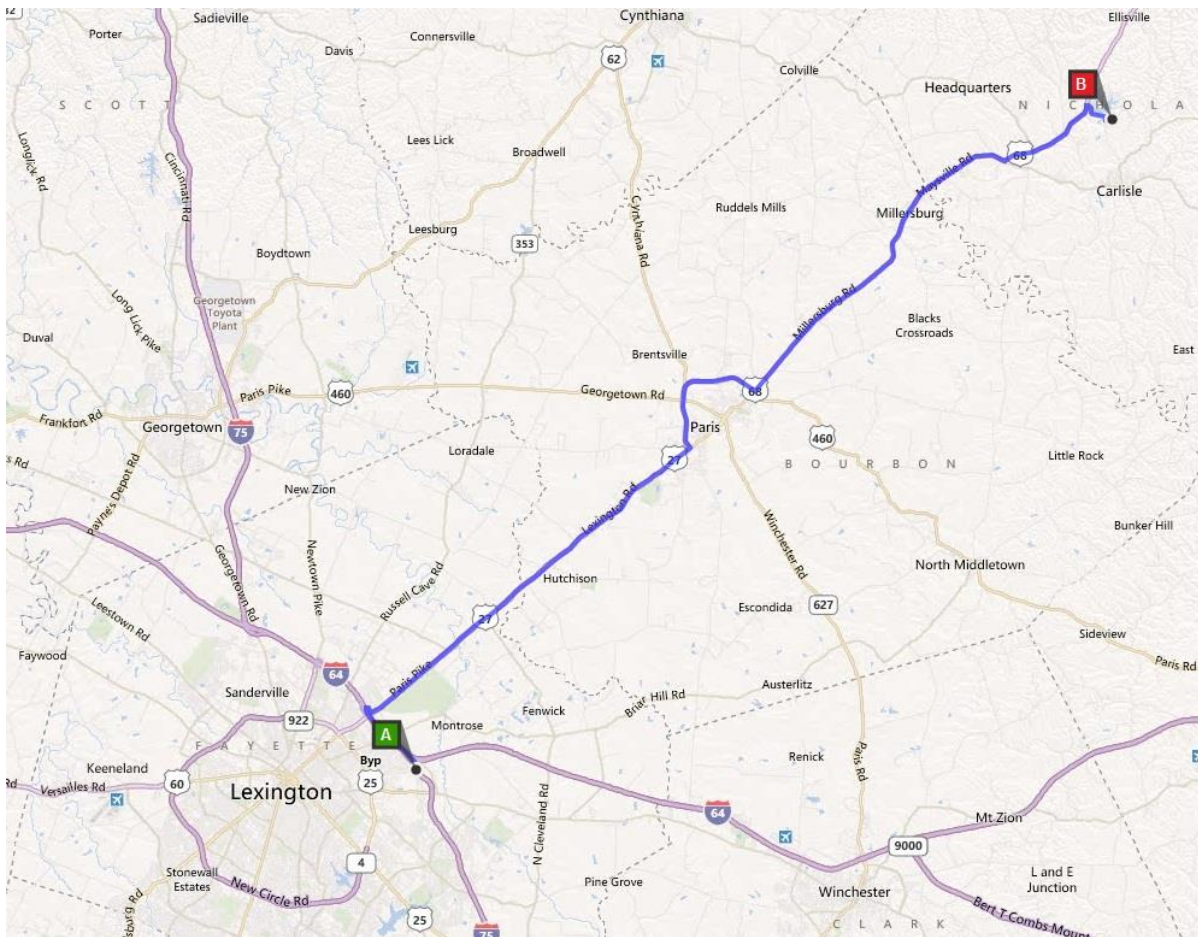
Turn north on KY 11 about 24 miles

Turn left on KY 36 at Carlisle

Turn right at first stop light about ½ mile

Turn right at Rte. 1455 about 1 mile

Camp is on right



HR 8 & 9

## GUIDELINES FOR SUPERVISION OF YOUTH

All programs involving youth age 17 and younger must have adequate supervision during all activities. The following recommendations are made to groups:

- Leaders should be a minimum of 2 years older than the youth they are supervising.
- All adult leaders should have a criminal background check on file with the organization sponsoring the group activity.
- All leaders should understand the group’s behavior expectations for participants.

### OVERNIGHT STAYS

The minimum supervision requirement is one adult leader (18 years of age and older) for every cabin. However, for the sake of safety and to prevent situations where the opportunity for child abuse could arise, it is recommended there be a minimum of 2 leaders with every cabin group. Cabin leaders should be the same gender as the participants in the cabin.

\*The recommended number of leaders per cabin is as follows:

4-8 year olds:	1 leader for every 5 campers
9-14 year olds:	1 leader for every 7 campers
15-17 year olds:	1 adult for every 10 campers

### DAYTIME ACTIVITIES

The minimum supervision requirement is one adult leader (18 years of age and older) for every 20 participants. However, for the sake of safety and to prevent situations where the opportunity for child abuse could arise, it is recommended there be a minimum of 2 leaders with every group. \*The recommended number of leaders for general activities is:

4-5 year olds:	1 leader for every 6 youth
6-8 year olds:	1 leader for every 8 youth
9-14 year olds:	1 leader for every 10 youth
15-18 year olds:	1 adult for every 12 youth

### AQUATIC ACTIVITIES

- Swimming Pool activities require 1 certified lifeguard for every 25 swimmers.
- Lake activities require a Waterfront Rescue certified lifeguard. In addition, there must be at least one adult leader present at the waterfront area.

***\*The ratio recommendations listed above are consistent with our American Camp Association accreditation standards.***



### ***What to do in an emergency.***

#### **Lightening, Windstorms, Tornadoes**

- If you see lightening or hear thunder while involved in high ropes, swimming, boating, or other activities near the water please stop all activities until 20 minutes after the last thunder is heard.
- If lightening occurs, keep participants away from trees. If in the cabins, stay away from metal objects, windows, electrical appliances and water.
- Remember to take a head count to ensure that all members of the group are present.

#### **Swimming Pool and Water Front Use**

- ANY Person who uses the pool or waterfront when there is no lifeguard present will be escorted off the camp grounds.

#### **Injuries and Activities**

- The best defense is PREVENTION. Many injuries and accidents can be prevented. Please make SAFETY a priority. We recommend that someone in your group be certified in CPR/First Aid and that you have a First Aid Kit available. You are responsible for designating a person to provide First Aid emergency care and transportation for medical treatment as needed. See Page 3 for emergency numbers and directions to medical facilities.
- If the injury is serious, DO NOT MOVE the person. See the list of emergency numbers Page 3.
  - Make the person comfortable. Apply First Aid until help arrives.
- If the person must be taken to a doctor or hospital, the group is responsible for his/her transport.
  - Please see page 3 for numbers and directions.

#### **In Case of Fire**

- Move your group away from the fire.
- DO NOT go back into a burning building.
- Conduct a headcount.
- Call the Fire Department at 911 or Forest Fire Personnel at 859-784-7504 days or 859-498-2546 nights.
- Notify Camp Personnel

#### **Unauthorized Persons at Camp**

- Your group may or may not be the only group using the camp grounds on this date.
- Please notify Camp Personnel if you encounter any problem.

#### **Fire Restrictions**

**Occasionally the camp will be under a burning restriction due to dry weather. Our Camp Representative will advise you of this upon your arrival. Please observe this restriction if in place for your own safety and the security of the camp.**

### North Central Rental User Survey

Upon conclusion of your stay at North Central 4-H Camp, please take a moment and provide us feedback. Your feedback is important to us as we look for opportunities to improve and meet the needs of our users. A link to the electronic version can be emailed to you at the end of your stay if you prefer to complete the survey electronically.

How did you hear about North Central 4-H Camp?

- Returning group
- Word of mouth
- Social media
- Advertisement
- Internet search
- Other (list on line) \_\_\_\_\_

Why did you choose North Central 4-H Camp? (Check all that apply)

- Proximity
- Reputation
- Staff
- Facilities
- Value
- Other (list on line) \_\_\_\_\_

Rank North Central 4-H Camp's Facilities: 1 star (poor) to 5 star (excellent).

_____ Dining Hall	_____ Bathhouses	_____ Cabins
_____ Shelter House	_____ Multipurpose	_____ Outdoor/Grounds

Any comments you wish to provide regarding your facility ratings?

Please rate the customer service you were provided during your stay (consider camp director, kitchen staff, maintenance staff, and any program staff) 1 – poor; 10-outstanding.

1            2            3            4            5            6            7            8            9            10

Any comments you wish to provide regarding your customer service rating?

We are continuously looking for opportunities to improve/upgrade our facilities to better accommodate the needs of our rental groups. Please list, in prioritized order, the 3 improvement priorities your group would like to suggest for North Central 4-H Camp.

Priority #1: \_\_\_\_\_ Priority #2: \_\_\_\_\_ Priority #3: \_\_\_\_\_

Do you know other individuals/groups to which you would recommend North Central 4-H Camp? If so, we would love to reach out to them – provide information in the box below.

If you would like, please leave us with a testimonial we can use for future fundraising or marketing of North Central 4-H Camp