

2022 Seminars on Wheels

Please be advised of the following before you sign up for Seminars and Wheels.

- ❖ Seminars are held offsite, and travel time may vary.
- ❖ Some Seminar times overlap. Please verify timing so overlapping in doesn't occur.
- ❖ Payments must be sent when you register.
- ❖ Refunds are not guaranteed.
- ❖ Tours are planned and designed for adult volunteers. If participants are under the age of 18 an adult must register and attend with them.

	Seminar	Description	Time	Cost
1	Robinson Center/Wood Center	The Robinson Center is headquartered in Quicksand, KY, and includes operations involving Robinson Station, Robinson Forest, and the Wood Utilization Center. Participants will learn the history and tour the Robinson Center. While at the wood center participants will make and engrave their own cutting board. Lunch will also be provided. Max Capacity 20	THURSDAY Depart 8:30 AM Return 4:30 PM	\$25.00
2	Art/ Plaster of Paris Carving	In this workshop participants will be introduced to sculpting. Participants will learn the process of creating a plaster block and designing a 3-dimensional guide. We will carve the plaster using carving tools and basic carving techniques. In addition, students will gain understanding of Plaster of Paris sculpting media, basic sculptural principals, and techniques, and leave with resources to teach this program in their county. Max Capacity 8	THURSDAY Depart 8:45 AM Return 12:15 PM	\$10.00
3	Parke Equine Hospital	Park Equine Hospital, located near Versailles, is a full-service Equine Hospital offering surgery, internal medicine, critical care, isolation, ambulatory care, and lab and pharmacy. Their client base encompasses a broad range of horse enthusiasts from across the United States and around the world, as well as some of the finest Thoroughbreds in the Bluegrass. This Seminar on Wheels will include a complete tour of the facilities and will view whatever surgical procedures the veterinarians are undertaking on that day. Max Capacity 24	THURSDAY Depart 9:00 AM Return 12:30 PM	\$20.00
4	Chef Hacks	Gain confidence in the kitchen so that you can pass those skills and techniques on to your participants! Chef Tanya Whitehouse of the Food Connection will provide all her tips and tricks for training students in the kitchen. She'll also cover some exercises you can do on a budget to help train students for competition. Get your questions answered in this interactive workshop for all the cooking programming you do. Max Capacity 24	THURSDAY Depart 9:45 AM Return 12:15 PM	\$15.00
5	Rupp Arena/Lexington Convention Center	Walk among giants and legends! Join us for a behind-the-scenes tour of the brand-new Central Bank Center & Rupp Arena. Center manager Joe Fields will give a guided tour of the four private luxury suites, the UK and Visiting Team Locker Rooms, and walk on the storied floor of Rupp Arena. The tour will last one hour and include Q & A.	THURSDAY 11:00 AM	\$10.00

6	Art/ Self Portrait	<p>After completing the art history portion of our lesson, you will learn the process of creating a mixed media portrait. During this process you will discover a fresh perspective, positive attitude, feel encouraged and enthusiastic. We will connect your story, the human connection, into a self-portrait. Materials will include acrylic inks, acrylic paint, stencils, and other supplies for texture.</p> <p>Please bring a photo of yourself or someone you'd like to include in the portrait. You may use your phone for this, but I recommend a paper copy, if possible. You will leave the class with an art history lesson on Friday Kahlo, color copies of her paintings and the knowledge to teach this art history lesson and mixed media self-portrait class.</p> <p>Max Capacity 8</p>	<p>THURSDAY Depart 12:45 PM Return 4:15 PM</p>	<p>\$10.00</p>
7	Chef Hacks	<p>Gain confidence in the kitchen so that you can pass those skills and techniques on to your participants! Chef Tanya Whitehouse of the Food Connection will provide all her tips and tricks for training students in the kitchen. She'll also cover some exercises you can do on a budget to help train students for competition. Get your questions answered in this interactive workshop for all the cooking programming you do.</p> <p>Max Capacity 24</p>	<p>THURSDAY Depart 12:45 Return 3:15</p>	<p>\$15.00</p>
8	Hallway Feeds	<p>For more than half a century, Hallway Feeds and the Hall family have been committed to quality horse feed and supplements, crafted using only the finest hand-selected ingredients. Located in the heart of the Bluegrass, Hallway Feeds is the only remaining and largest family-owned and locally operated full-service feed company dedicated to the equine industry. This Seminar on Wheels will include a tour of the facility and a small gift from Hallway Feeds.</p> <p>Max Capacity 20</p>	<p>THURSDAY Depart 1:00 PM</p>	<p>\$10.00</p>
9	Rupp Arena/Lexington Convention Center	<p>Walk among giants and legends! Join us for a behind-the-scenes tour of the brand-new Central Bank Center & Rupp Arena. Center manager Joe Fields will give a guided tour of the four private luxury suites, the UK and Visiting Team Locker Rooms, and walk on the storied floor of Rupp Arena. The tour will last one hour and include Q & A.</p>	<p>THURSDAY 1:00 PM</p>	<p>\$10.00</p>
SPECIAL SESSIONS				
10	Special Session Leadership - Conflict Dynamics Profile Training	<p>Managing conflict is difficult in the best of times, but not impossible. Learning about yourself, your responses and triggers to conflict can be helpful in dealing with conflict. In this session you will partake in an online conflict assessment and receive a personalized report to help understand how YOU manage and react to conflict. Participants will also dissect a typical conflict to identify what fuels it and where to take action to turn it onto a more positive path. This session may push your boundaries but is sure to improve your knowledge of conflict and yourself! There will be an additional \$25/person cost for this workshop. All participants MUST PRE-REGISTER for this workshop by JANUARY 24.</p>	<p>THURSDAY 1:00 PM – 5:00 PM</p>	<p>\$25</p>

11	Special Session Leadership - Making the Best Better : Designing Sessions with Experiential Learning in Mind	Are you looking for adding more, a little something special, to your meeting, program, or event? Thinking outside the box and finding new strategies for 4-H'ers to do, apply, and reflect can make your best approach better. We will spend time engaged in experiential learning. From our first ice breaker, through our hand-on content, and lively debriefing, we will bond, build, and develop skills in teamwork, communication, and most importantly facilitation. Participants will move, laugh, learn, and question during our time together. and have a plethora of activities to apply to programming. All participants MUST PRE-REGISTER for this workshop by JANUARY 24.	THURSDAY 2:00 PM – 5:00 PM	
12	Special Session Leadership – 4-H is for Everyone: The H.E.R.O.E.S. Program	Pulaski 4-H (GA) celebrates differences & promotes inclusion, diversity, & equity. 4-H is for everyone. H.E.R.O.E.S. (Hope 4 Everyone to Recognize in Others Extraordinary Skills) is a Healthy Living & STEM program created for 4th & 5th grade special education students. It is a once a month program to allow 4-H'ers with disabilities to learn & grow together with teen leaders/Extension staff to create a safe & inclusive environment. Every person has their own uniqueness, special skills, & qualities. HEROES was created to help youth recognize, respect, & celebrate those qualities. All participants MUST PRE-REGISTER for this workshop by JANUARY 24.	THURSDAY 3:00 PM – 5:00 PM	
13	Leadership Bootcamp	9 th – 12 th grade	ALL DAY FRIDAY AND SATURDAY	\$25
	Agriculture Tour	Tour of Alltech Global Headquarters. Tour Taylor Made Thoroughbred Farm. Lunch at the Bluegrass Stockyards. Tour Bluegrass Stockyards. Tour EcoFibre Hemp Processing Facility. Tour Foodchain Aquaponics Facility. Tour West Sixth Brewing.	FRIDAY 9:00- 4:30PM	\$10