

Ice Cream in a Bag



University of Kentucky
College of Agriculture,
Food and Environment
Cooperative Extension Service
4-H Youth Development

Did you know...? A Kentucky dairy cow produces roughly 7 gallons of milk each day!

You Need:

Per Person -

- 1 cup of milk
- 1 tablespoon of sugar
- 1 teaspoon of instant pudding mix (any flavor)
- Pint size plastic storage bag
- Gallon size plastic storage bag
- Ice (enough to fill gallon size plastic storage bag)
- 4-6 tablespoons of rock salt
- Paper towels
- Spoon



Instructions:

1. Add milk, sugar and instant pudding to the pint size plastic storage bag and close bag.
2. Put pint size bag in the gallon size plastic storage bag.
3. Add ice to the gallon size bag (enough to fill the bag) and around 4-6 tablespoons of rock salt to the gallon bag.
4. Zip large bag shut and shake for around 5-10 minutes.
5. Open large bag, and clean off any salt on the outside of small bag before opening.
6. Open bag and enjoy ice cream!

Additional Information and Resources:

University of KY Dairy Program: <https://afs.ca.uky.edu/dairy>

KY Food and Farm: Dairy Cattle: <https://www.kyfoodandfarm.com/dairy>



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