




University of Kentucky  
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 4-H Youth Development

# Camp COVID-19 Mitigation & Operations Plan 2022 Quick Reference Guide

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## 14-Day Pre-Camp Health Screen Form (MOP, 2022, p. 5)

- Prior to the arrival/check-in of a camp session, all campers, volunteers, and Extension staff will be required to complete a provided 14-day Pre-Camp Health Screen form (American Camp Association Field Guide for Camps, 2020, p. 16).
- There are two versions of this form. Version A is for minors. Version B is for adult volunteers and Extension staff.
- This form will require participants and camper parents to check their temperature each of the 14 days leading up to arrival day, self-screen for symptoms, and to answer five questions:
- The pre-screening questions will determine if:
  1. The individual has not had a fever of 100.4 or higher, or a sense of having a fever in the last 14 days.
  2. The individual has not developed any of the listed symptoms in the last 14 days that cannot be attributed to another health condition.
  3. In the last 14 days, the individual has not been in contact with an individual who has been ill with respiratory complaints or fever, or who has tested positive for COVID-19.
  4. No one in the individual's household has tested positive for COVID-19 in the last 14 days.
  5. No one in the individual's household is currently waiting on COVID-19 test results.
- **Extension Staff/Volunteers will collect this form for all camp participants before they load the bus.**
- **A temperature and symptom check must be completed before departing for camp.**
- **Record the individual's temperature on the form under "Camp Check-in".**
- **Agents will keep this form and later scan it to OneDrive with the health forms.**

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## Check-in/Check-out & Bus Transportation (MOP, 2022, p. 11)

- A modified check-in process will be in place to ensure 6 feet physical distance is maintained between families during the check-in process.
- The camper check-in/check-out process should follow the masking policies for youth under 12 of the county's local public school system.
- Temperature checks and screening (COVID and head lice) will occur upon arrival to the check-in area.
- Volunteers assisting with check-in are required to sanitize hands between interactions with guests and luggage.
- **It is a federal mandate that campers and volunteers will wear masks at all times and follow all safety recommendations while riding the bus** as well as the recommended COVID-19 safety protocols for that school district/bus company. Those may include reduced bus capacity, physical distance, and ambient air flow (windows down or cracked).
- Extension Staff and volunteers will be available to assist campers with their luggage and to provide check-out materials (camper medications, paperwork, etc.). A modified check-out process will be in place to ensure 6 feet physical distance is maintained.

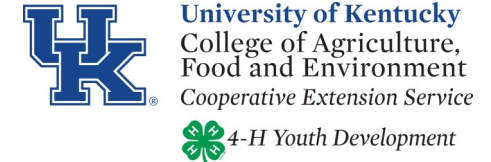
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## Facility Modification (MOP, 2022, p. 10)

### • Cabin Modification

- Cabins can be occupied at full capacity.
- All bunkbeds will be arranged to allow for 6 feet physical distance between the faces of all inhabitants. Inhabitants will be instructed to sleep “head-to-toe” to allow for maximum physical distance.
- Extension Staff may enter cabins to perform inspections.
- Beds may not be shared or sat on by others. Brief, close contact is not considered to be high risk by the Department of Health.

### • Facility Modification

- We have installed hand sanitizing stations at all program and high traffic areas.
- We have installed MERV-13 filters in buildings that have central AC. (American Camp Association Field Guide for Camps, 2020, p. 28)
- We have installed ionizers to all mini-split AC units to remove viral and dust particles.

### • Dining Hall Modification

- Participants will eat in the camp dining hall with outside seating available if weather permits. Meals will be scheduled in shifts to prevent overoccupancy of the facilities. Guests will be instructed to sit 3 feet apart, which is consistent with the current *Guidance for COVID-19 Prevention in K-12 Schools*.

### • Restrooms

- Facilities will be cleaned and sanitized twice daily.
- Signage will be posted to support healthy hand-washing practices.

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## Local Masking Modifications (MOP, 2022, p. 5)

- State programs, such as 4-H Summer Camp, should follow the masking policies for youth under 12 of the county's local public school system in which the program occurs.
- Therefore, the Kentucky 4-H Camping Program will follow the masking policies in the counties in which they are located:
  - JM Feltner (Laurel)
  - Lake Cumberland (Wayne)
  - North Central (Nicholas)
  - West Kentucky (Hopkins)

**Current mask mandates in the above counties are "OPTIONAL"**

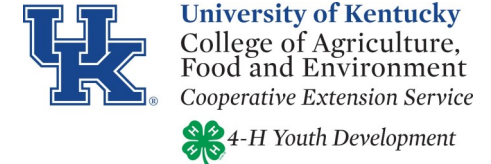
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## Activity Teams and Classes (MOP, 2022, p. 10)

- Teams are made up of two to three cabins who travel together for afternoon and evening activities. Campers sign up for their morning classes at most of the camp locations and walk to and from those class areas, freely, during the transition periods.
- Implementing multiple Non-Pharmaceutical Interventions (NPI's) will reduce the risk of viral transmission among the various activity teams and class participants.
  - Spacing of campers will be mandated according to current guidelines for food lines, eating meals, assemblies, and program areas.
  - Campers will wash and/or sanitize their hands before and after each activity.
  - Brief, close contact is not considered to be high risk by the Department of Health.

### Rainy Days

- Each team will have a specified area where they will be based if there is a thunderstorm.
- In light rain, activities will proceed as usual as we have done in previous years. We encourage campers to arrive to camp with appropriate rain gear, ponchos, etc.
- In the event of severe weather, we will follow our Emergency Management Plan, providing shelter to all individuals. Disposable masks will be available in all emergency shelters.

### Large Group Games

- Field Games, Free Swim, Sally-Down-the Alley, etc. will proceed as in years past.

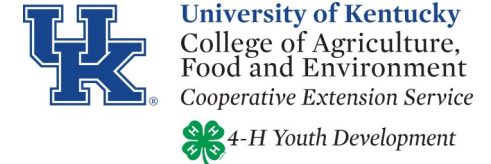
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## Sanitation, Disinfection, and Cleanliness

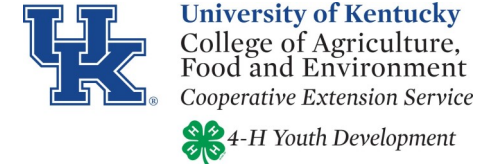
- **Restroom Facilities (MOP, 2022, p.10)**
  - Facilities will be cleaned and sanitized by housekeeping staff a minimum of two times per day.
  - Housekeeping staff are required to wear gloves when cleaning and sanitizing facilities.
  - Users will wash and/or sanitize their hands when entering and exiting the facilities. Hand sanitizer stations will be provided in all restroom facilities.
  - Signage will be posted to support healthy hand-washing practices.
- **Hand Washing (MOP, 2022, p.11)**
  - Soap and water hand washing stations will be available at high traffic areas around camp and in all restrooms.
  - In addition to frequent hand washing opportunities, hand sanitizer stations will be used as a supplementary step.
  - Hand washing will occur:
    - Before and after every new activity
    - Before/After eating
    - After coughing or sneezing
    - Before/After using the restroom
- **Daily Cleaning and Sanitizing (See American Camp Association - Field Guide for Camps) (MOP, 2022, p.11)**
  - High touch surfaces will be cleaned and sanitized throughout the day. (American Camp Association Field Guide for Camps, 2020, p. 112) This includes railings, doorknobs, bathrooms, etc. Program equipment will be sanitized daily and between user when possible. Hand sanitizer will be provided at all program areas.
  - Restrooms, dining hall, classrooms, and other areas of congregation are scheduled to be cleaned multiple times per day. (American Camp Association Field Guide for Camps, 2020, p. 114)

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## Sanitation, Disinfection, and Cleanliness (continued)

- **Classroom Cleaning/Sanitizing (MOP, 2022, p.12)**
  - Shared equipment will be sanitized by the supplied wipes or sanitizing solution.
  - This includes supplies, equipment, tables, chairs, doorknobs, light switches, sinks, etc. (American Camp Association Field Guide for Camps, 2020, p. 112)
  - At the conclusion of the final class, all reusable supplies will be sanitized and left to air-dry by the class instructor.
- **Cabin Cleaning/Sanitizing (MOP, 2022, p.12)**
  - Cleaning and sanitizing supplies are available upon request. Cabins are cleaned and sanitized between camp sessions, by camp staff. All camp participants are encouraged to bring their own personal hand sanitizer to camp.
- **End of Week Packing/Clean-up (MOP, 2022, p.12)**
  - Class leaders will perform a deep clean of their class area, following the procedures listed above.
  - Ensure that all personal belongings are returned to their owner before departing the cabin.
  - Check under bunk beds for any misplaced items.
  - Sweep the floor, look on and under all bunk beds and mattresses for trash and place in the outside trashcan.
  - Camp housekeeping staff will sanitize doorknobs, light switches, mattresses, and bed railings using the supplied wipes or sanitizing solution.







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## Patient Care and Management of COVID-19 Symptoms at Camp

### Patient care and management for individuals with symptoms suspicious for COVID-19 (MOP, 2022, p.8)

- The individual will go to the Health Office to visit the Health Care Provider (HCP). Within the Health Office is an isolation room with a restroom.
- The HCP, wearing upgraded personal protective equipment including mask, gloves, gown, and face shield will ask screening questions and take the patient's temperature. If the patient has a temperature of 100.4 or higher or presents any of the symptoms listed as potentially having a COVID-19-like illness, the emergency contact will be notified immediately, and the child will need to be picked up and taken home as soon as possible.
- The HCP and Camp Director will communicate with the County Extension Agent to prepare for contact with the parent or guardian of the individual with suspected COVID-19. Transportation from camp will be the responsibility of the parent or guardian.
- The individual will remain in isolation, under the care of the HCP, until they are picked up. Their belongings will be packed up by cabin leader(s) wearing upgraded personal protective equipment including masks, gloves, gown, and face shield and brought to the Health Office to await departure. The cabin of the affected individual will be cleaned and disinfected by camp staff. (American Camp Association Field Guide for Camps, 2020, p. 113)
- Emergency Medical Services may be called to assess and transport the individual if deemed necessary by the HCP.
- If an individual becomes ill during the middle of the night, they will remain in isolation at the Health Office, under the care of the HCP and Extension Staff, until morning. The departure protocol, as listed above, will then be followed.
- If an individual departs camp for any reason, they may not return for the remainder of the session. This excludes visits to the urgent care but only if they are released to return to camp.

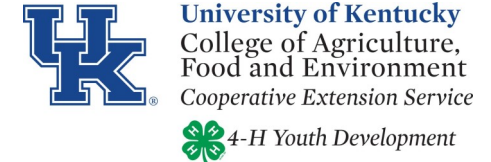
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## Patient Care and Management of COVID-19 Symptoms at Camp

### Health management for campers in a cabin/team of individual with suspected COVID-19 (MOP, 2022, p. 8-9)

- Physically distance campers, volunteers, and staff from the person who is displaying symptoms of COVID-19.
- Begin temperature testing of individuals exposed to this person, at minimum, twice daily through the end of the camp session.
- Families of other campers in the cabin will be notified in accordance with public health guidelines. Temperature testing and symptom checks will occur, at minimum, twice daily through the end of the camp session.
- **As we all know, any time we are in the public domain, it is impossible to avoid potential exposures to a host of infectious germs, viruses, and diseases.** Potential exposure does not necessarily mean someone is infectious to others unless the proximity and duration guidelines from the CDC are met or exceeded. The Camp Director will refer to those current standards and provide all Campers, Volunteers, Extension Staff, and Camp Staff current guidance on how to best use appropriate precautions and self-monitor. Like traveling through an airport, grocery store, or other public space, camp participants will be required to use good hygiene and practices.

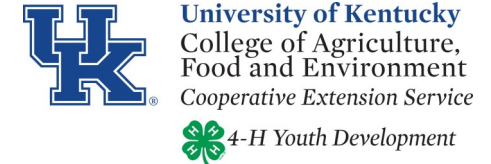
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# Patient Care and Management of COVID-19 Symptoms at Camp

## Health management of volunteers (camper supervisors) who have been in contact with an individual with suspected COVID-19

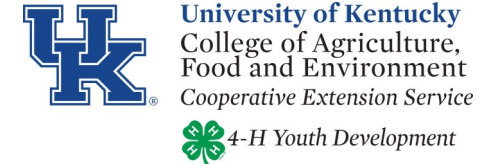
- Volunteers will continue constant hand washing, hand sanitizing, and hygiene.
- Initiate twice daily monitoring of temperature and symptom checks by the HCP. Hand and surface washing combined with physical distancing are critical to containment.
- The Camp Director and County Extension Agents will collect information regarding potential exposure, including length of time, proximity, and any physical contact in case contact tracing is required.
- If it is determined that a volunteer is potentially infected, removal of the volunteers from camp will occur. The volunteers may not return to camp for the remainder of the session. To ensure appropriate camper supervision ratios, a replacement volunteer will be secured by the County Extension Agent.

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## Patient Care and Management of COVID-19 Symptoms at Camp

### Health management of extension staff who have been in contact with an individual with suspected COVID-19

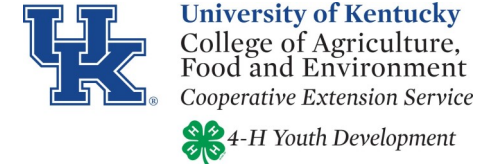
- Extension staff will continue frequent hand washing, hand sanitizing, and hygiene.
- Initiate twice daily monitoring of temperature and symptom checks by the HCP. Hand and surface washing combined with physical distancing are critical to containment.
- The Area Extension Director will be notified and will collect information regarding potential exposure, including length of time, proximity, and any physical contact. This information will be shared with the University of Kentucky HealthCorps.
- If it is determined that an employee is potentially infected, removal of the extension staff from camp will occur. The employee may not return to work until they have quarantined consistent with current CDC and University HealthCorps guidance and are no longer symptomatic.
- Extension staff who have had close contact with a person who tests positive for COVID-19 will follow CDC, University HealthCorps, and local health department guidelines regarding isolation. Such staff must isolate at home.

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## Packing List, Mail, Lost and Found

- **Packing List (MOP, 2022, p. 6)**

- Changes will be made to the standard packing list that is provided to camper families by County Extension Offices to include personal hand sanitizer. Campers should maintain their belongings and help cabin leaders identify misplaced items during the camp session. Parents will be reminded not to send their camper with anything that is irreplaceable and to label all items with their camper's name.

- **Mail**

- Camper mail is allowed this summer. Remind parents who are sending care packages to refrain from sending food that contain nuts, silly string, or aerosol sprays.

- **Lost and Found**

- A central location for camp lost and found will be establish by the Camp Director.
- Cabin groups are encouraged to visit the lost and found storage area multiple times throughout the week to identify missing items.
- County agents will take all lost and found with them at the conclusion of the camp week. Camp will not hold any lost and found items, unless found after a groups departure.

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