



Suggested Senior Sewing Skills And Techniques to Learn

Use this chart to map out your progress. As you complete a project, check the skills used for each project. When selecting a new project be sure to include at *least three new skills*.

Technique/Skill	Senior Level 1				Senior Level 2			
	Let's be Casual	Dress it Up	Match it Up	Creative Expression	Leisure Time	Formal Affair	Tailor Made	Up Cycle
<i>Selection of Pattern/Fabric</i> Napped fabric/one way directional design								
Plaids or stripes								
Specialty knits								
Rainwear or microfibers								
Sheer								
Slippery/Shiny								
Leather /leather like								
Other: specify								
<i>Pattern Alterations</i>								
<i>Machine Sewing</i> Basting								
Top stitching								
Zigzag								
Decorative								
<i>Seams/Seam Finishes</i> French or mock French								

Technique/Skill	Senior Level 1				Senior Level 2			
	Let's be Casual	Dress it Up	Match it Up	Creative Expression	Leisure Time	Formal Affair	Tailor Made	UP Cycle
Hand catchstitch								
Machine rolled								
Narrow rolled-Serger								
Other: Specify								
<i>Embellishment</i>								
Appliqué								
Beadwork								
Dying								
Painting								
Embroidery								
Quilting								
Other: Specify								
<i>Computer Aided Design (CAD)</i>								

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