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4-H Virtual Learning Experience/Digital Citizenship

Transcript

- Hello and welcome to the November sessions of the Kentucky four H virtual learning experiences. We are so glad that we are able to offer these sessions to you during this time of the global pandemic.
- 00:22**The Kentucky four H Youth Development Program is part of the University of Kentucky Cooperative Extension Service under the College of Agriculture, Food and environment.**
- 00:34And our goal is to make sure that we take the information that is valid and relevant from the university level and take it to the communities so that you are able to use it.
- 00:48My name is Chuck stamper and I am a four H Youth Development Specialist in the Kentucky four H program.
- 00:56I'm also special project coordinator for the extension service, which means I deal a lot with educational technology programs.
- 01:06That we work with in our extension program. The reason I wanted to tell you that is today's session is going to integrate both of those duties into one.
- 01:19Because Today's session is going to be about digital citizenship. Now I know some of you may not understand what digital citizenship is
- 01:31And so that is why we wanted to offer it to you so that you may understand it more
- 01:37As always, after we are finished. If you have any questions about any of our programs, please make sure to contact your county Extension agent for Forex youth development or any of us at the state for a program
- 01:54Let's go ahead and begin. I wanted to share with you the objectives for today's session.
- 02:01I want to number one discuss what digital citizenship really means.
- 02:08Number two, I want to share with you the concepts that digital citizenship integrates
- 02:19Three. We're going to explore the core principles of digital citizenship.

- 02:27Number four, we're going to discuss how digital citizenship really involves 21st century learning skills.
- 02:39And then we're going to discuss a possible activity that you, your family, your friends could do virtually during this pandemic time which our goal is for you to stay safe stay healthy and safe.
- 02:57So let's go ahead and let's begin.
- 03:01First of all, let's talk about what actually does digital citizenship mean if you break down the two concepts you think about digital and citizenship.
- 03:14Digital is talking about how we are connected in this world digitally or electronically and and you know we all have our, our cell phones, our computers, our smart TVs, you know, we have all sorts of these wonderful tools. So how can we be
- 03:39A good and constructive user all of those resources.
- 03:46And then let's think about the term citizenship.
- 03:50Well in four H. We want to learn about how that we can be civically engaged. And what that means is, how can we be involved in making our local our state our nation and our world a better place to live.
- 04:07And we can do that when we work together. And so we want to make sure that you are informed about what's going on. So if we look at
- 04:18A as education and then is an Educational Research Foundation, it describes or defines digital citizenship as the responsible use of technology.
- 04:35By anyone who uses computers, the internet or digital devices to engage with society on any level. So that means texting your parents.
- 04:50texting your friends emailing a teacher that you might be working with singing, you know, participating in a zoom meeting with your four H club and so any of those tops on any level. That is why digital citizenship is so important to our for eight years in today's society.
- 05:15We see so many advancements in technology and of course we remember this that technology does not just have to be
- 05:24Electronic Devices technology is anything that allows our work to be more effective. For instance, if I looked at
- 05:37This highlighter and and and my friends and family can tell you that that I use a highlighter a lot in my work.
- 05:48But a highlighter actually was technology or it can be technology if it makes your work process more effective than just writing something or underlining something with a pen.

- 06:03Or do you see how that works the same as if we're using a cell phone now cell phone is digital technology. It's electronic technology, but if it makes it possible for you to learn or or stay safe.
- 06:21Or stay connected with your family and friends in a positive way, then yes, it is a way of using technology. So we're going to focus a lot more on the digital aspect for the rest of our time.
- 06:36Now,
- 06:38What's very important for us to remember is how integrated digital technology is in our world right now and
- 06:50Our students for since March have been connected virtually instead of being the majority of time in school and in face to face learning situations.
- 07:04You know, we, a lot of times when we are working with our bank accounts, we do all of our banking online. A lot of people. So a lot of people never use checks anymore.
- 07:16But it's still important to understand how to do that. How to rock that you know we purchase products. I hope people that even buy vehicles online and have them delivered to their homes.
- 07:32So we are constantly using technology. So how do we do that responsibly in today's world now. So, so I want you to think about digital citizenship applying to anyone who uses
- 07:52The Internet and the World Wide Web regularly and we hope effectively. All right, so, you know, usually I don't say that something is good or something is bad.
- 08:07But for this sentence, I want to discuss about good digital citizenship and not so digital, not so good digital citizenship.
- 08:19So if digital citizenship is positive it engages young for eight years and it, it shows them how to connect with one of one another empathize with one another.
- 08:34And and how that they can develop strong positive relationships through digital tools. Now, on the other hand, I mean, I don't want to say it, but if you want to use the term bad or not so positive digital citizenship is where we get into things like cyber bullying or you're
- 08:59Looking at things on the interstate that internet that is not safe or or purchasing things illegally and and so it. That is where that digital citizenship does not become effective, it's actually could be harmful.

- 09:18So one thing that I appreciate is the fact that almost everything that it takes to be a good positive user a good digital citizenship are things that we talk about in the Kentucky four H Youth Development Program, because we focus on positive youth development.
- 09:40So let's talk about about what are the major concepts that we cover in digital citizenship. There are, according to the IDs educational foundation. There are seven major concepts that are covered in positive digital citizenship and those are empathy.
- 10:04how the internet works understanding how to use the data online practicing digital literacy
- 10:16Acknowledging that there is a difference. And there is a digital divide in our country.
- 10:24Practicing positive digital wellness and securing a secure positive digital device. So those are all the major concepts that we as adult educators. Want to make sure that we are working with you in in our four H program. I do want to briefly cover the topic about why practice is so important.
- 10:56Well, in our four H program in Kentucky. We really try not to just give you information, you know that that's something that you can possibly do on your own.
- 11:09But what we tried to do in the four H program is give you the opportunity to apply the information that we work with you on or that you learn. And so that's what we want to do, but we also want you to become productive citizens in your society, and that's why empathy.
- 11:33Is very important. Now, some people may think, well, I don't really understand the concept of empathy. Is it the same thing as sympathy. No.
- 11:44Empathy is not sympathy is where that you share the feelings with someone and you are there with them. Okay, so, so I can sympathize with with with someone who
- 12:01Has lost their all their homework online that they were working with, and their Google Docs just somehow disappeared. Well,
- 12:12You know, I can be sad with them or I can be upset, you know, read along with them, you know, because we, you know, I'm sympathizing with them, you know, I'm telling them that hey yeah I know that I'm with you.
- 12:27But empathy. On the other hand, is where we use our personal experiences to relate to someone else's personal experiences.

- 12:42And you can do that. I mean you we none of us live the same exact lives with our friends or with other family members.
- 12:52You know, even though we may live with our family and our whole we each go through different things. However, there are some commonality.
- 13:00With that and and that's where empathy comes along and so empathy is very important when we're working with digital citizenship.
- 13:11We need to make sure that we are relating to other people and we are growing positive relationships online.
- 13:20Another thing that we do in our four H program and digital citizenship is very important is making sure that you research and follow smart guidelines for use of technology, you know, there are some questions like, you know, water red flags.
- 13:41How do I promote myself on social media and and so it is very important for us, it's for eight years to make sure that we are practicing positive digital citizenship.
- 13:57So there are six core principles when we're talking about digital citizenship and I want to go over there, go over those really quick with you.
- 14:08So we want to number one, we want to find balance in our digital lives. So you know we are we are asleep. So if there are 24 hours a day and and and we are only awake. Hopefully about 14 of those are 16 of those, you know, we still say that eight hours of sleep is the best
- 14:33Actually teenagers need about 10 hours of sleep a night to really function based on research, but very few people get 10 hours of sleep.
- 14:45But what we want to make sure when we're doing that is what is the right amount of digital usage, you know, how long should we stay online. You know, we want to make sure that
- 14:58That that us for eight years. Don't spend 24 hours a day, or at least the majority of your waking time online get outside breathe fresh air. Air, you know, talk to people face to face in your homes. If you can't, you know, when you can and
- 15:19And so I know that's difficult right now. During this pandemic when when we have to be safe.
- 15:27And and so that's why it's very important for you to discuss the safe practices with your family, your caregiver, your parents.
- 15:36Another thing is that we have to care about our own privacy as well as care about the privacy of people that we are connecting with online.

- 15:49We need to make sure that we're not sharing our personal information online and we need to make sure that we are not discussing things of sensitive topics when when we don't need to be
- 16:04Another thing is that we need to be thinking about as we mature emotionally and physically is we need to think about what defines ourselves.
- 16:16What defines who we are. So when I am on line and I am on this video. How do you perceive me and and and how do I want you to perceive me you know that that's very important.
- 16:32A THING THAT ANOTHER THING. One of the core principles is that we want to know and be able to understand the power of words and actions.
- 16:45And and and you know a lot of people, for instance, I did not know this for a long time, is that if you use all caps and you
- 16:56Type a message that people think that you are upset or angry. Well, you know, I used to just put it on all caps and type emails, because it was easier and and it was quicker to do
- 17:10And and so I learned though over the years about these little trips and little tips and tricks that allow people to have a positive relationship with me online.
- 17:27Another thing core principle is that we want to make sure that we are kind and courageous when we're online.
- 17:35We don't believe in cyber bullying in our Kentucky for a youth development program. We don't believe in people being hurtful. We don't believe in people.
- 17:46Trying to be judgmental. We want you to stand up for your personal values and we want you to stand up and be courageous for what you believe in, but do it in a positive and constructive white
- 18:03Another thing that's really important. And it's one of the core principles of digital technology and digital citizenship is we want you to become critical thinkers
- 18:13We want you to be able to look at a website and think, Is this valid information. Is this what we call maybe fake news.
- 18:25And and so it's very important that you work and research to make sure that what you are reading and what you are taking as being true is actual truth. And so when we do that, it is able, a lot easier for you to be able to be positive creators of of digital material online.

- 18:51Now I mentioned something earlier about water 21st century skills. Well, that's a term that we use in our Kentucky four H program as well as nationally
- 19:02For those skills that will help us as we prepare for career education college education secondary or high school education.
- 19:13Or, or, or what we would call as a job on the job training or certificate programs and and so that is what 21st century skills are
- 19:27So we have found out through the common sense. Education website that there are 12 major 21st century skills that we need to think about
- 19:40And some of these we've already talked about in the session. Those are critical thinking, creativity, collaboration, communication information literacy media literacy technology literacy flexibility Leadership Initiative productivity and social skills.
- 20:08If we are able to use those effectively on line. Then we based on research should be able then to be able to grow emotionally
- 20:22And mentally and educational wise as we are developing our skills as we get older and it will help us prepare for career placement or educational placement or job training placement
- 20:40And and so if you think about all of those 12 skills, all of those are needed in any position that you can have. I want you to think about that for a minute. Is there a skill or a job or an educational practice that you don't need to know how to communicate.
- 21:01Or what about being flexible.
- 21:06What about being able to be to take initiative on projects. What about being creative.
- 21:15See all of those skills are very important in the 21st century job market and education market. And so that is why it's very important for you to be thinking about that as you are participating in digital citizenship.
- 21:33What I want to do now is show you a video that was produced by common sense. Education is common sense dot o RG common sense.org is such a wonderful website of educational materials that we are able to use in our four H program.
- 21:54It is broken down into grade level and you and your for HR agent or you and your parents are able to use this material.
- 22:04The lesson that I pulled out for us to use is called it's on grade seven but that really you can use this for lower grades or you can do that for higher grades, but the title is my social media life.

- 22:20And how does social media affect relationships because our topic today that we're talking about was digital citizenship.
- 22:29So what I wanted to look at you or work with you and let you look at, we're going to look at the video and then we're going to discuss some of the questions that the the video covers. I'm going to share the video now and we're going to watch the video together.
- 22:59Alongside I like to communicate with my friends on social media. And that really makes me feel less lonely.
- 23:04thing I love most about social media is to stay connected with my friends over spring break, I broke my phone and I have for a week and I really thought I was dead was just so impossible to contact me. I do get like a little stress, like when there's a huge thing. That's awesome.
- 23:23I can be a part of it. And that's kind of worrying that it gets like worrying sometimes
- 23:33After getting my phone in person interactions. It's been replaced by texting call FaceTime, I'm always with my friends, but when I'm not with them. I'm always on the Internet.
- 23:46It's funny, easier to just meet up with people wherever you are, as long as you have a way to connect with them. So other than
- 23:53Texting or Snap Chatting or calling them. It's really easy. Instead of having to like communicate through your parents.
- 24:00I would say it's very normal in today's world to being now people that you're close to or even also close to you and have moments where you're both just sale is sitting on your phones and I really feel
- 24:11pressured by my friends directly to be on social media, but sometimes I'll see them yeah before and like start looking at spammers and thing. I think when it feels that space.
- 24:22There's nothing inherently wrong with it, but I do see now that that seems to be not the extent of what you do with a person
- 24:29That's what it's like to me and my friends are on our phones. A lot of the same time so you don't really know why do it while we're together.
- 24:39And do
- 24:41I get like stressed out, like, oh, I'm probably missing with big thing, and I can't

- 24:46Comment on it or anything like that. It always looks more fun when you're not there, you are doing homework and makes them seem like they're having a great time.
- 24:54Being whatever they're doing. I generally don't really get that jealous. And when I see like motos with my friends together. That doesn't really bugs me.
- 25:02I definitely do check it. And sometimes I get sidetracked it so sucks to see that three or four of your friends are going shows and you're not there.
- 25:12People that I know actually worried about how many followers. They have converted and other people
- 25:17In like if they're not getting as many messages and it just causes so much unnecessary drama. I would say followers isn't
- 25:25Like what you should be worrying about it should be worrying about like being with your friends and things that he was doing basketball.
- 25:32For reading and other things. If you are on your phone all the time, you will just tend to feel one low low energy, I sometimes wish that it wasn't a thing. So I can just hang out my friends and play basketball or do other things like that.
- 26:04Okay, so that was a really good video. And it gave you some some some
- 26:12personal experiences from youth across the United States of different ages from upper middle school, all the way into high school and and so I really
- 26:25liked that video because it, you know, it really got deep. I mean, they really didn't have an answer for some things, you know, why do they stay on video.
- 26:35Their technology apps so much, you know, why do they stay connected. So these are some questions that I want you to discuss with your family at home.
- 26:47You can use the video, watch the video again if you would like to, or you can think about these questions on your own as family.
- 26:57Number one, think about how long each day that you spend online no think break it down into the different categories. So how long do you spend online on school based activities.
- 27:13How long do you spend on time family based activities, maybe. And then how many, how long do you spend on with your friends and with your peers.
- 27:26And then maybe even think about this. Do you work online. Do you have a job or do you tutor SOMEONE ONLINE. So those are, you know, different

things that you can think about. So I want you to think about that, you know, how much time do you actually spend using the Internet.

- 27:47To connect with other people or other entities, you know, or that that you know like your teachers have requested you to to watch a video or your four H agent wants you to
- 28:02watch a video or participate in an online virtual four H club meeting. Right. So think about that. Then I also want you to talk about maybe with your friends or your family at home.
- 28:16I want you to explore what is too much, you know, do you have a guideline at home.
- 28:23You know, after a certain time that that the the the internet connection turns off, you know. So, so what what are your parameters at home. And then I want you to think about your relationship with your friends.
- 28:42Is what you are doing on line.
- 28:47Something that you would be considered as productive or positive
- 28:56digital citizenship or could it possibly be something that's a little bit what we would consider not so good digital citizenship.
- 29:08So I want you to think about those questions I'd like for you to discuss those with your family and with your friends.
- 29:16I would actually love to hear some of your thoughts, you can contact me at see stamper at UK y.edu and let me know what you thought about our discussion and some of your thoughts about what digital citizenship means to you, your friends and your family.
- 29:38If we can help you with anything, please contact your four H program your four H agent or us at the state for each office. Again, thank you for joining the November virtual learning series. We love providing these experiences for you. Have a wonderful and blessed November.