



University of Kentucky
College of Agriculture,
Food and Environment
Cooperative Extension Service

 4-H Youth Development

Kentucky 4-H Youth Development

Head. Heart. Hands. Health.



 University of Kentucky
College of Agriculture,
Food and Environment
Cooperative Extension Service
 4-H Youth Development

Plant the Seed.
Kentucky 4-H Cloverbuds

Jennifer Tackett

Extension Specialist for 4-H Youth Development

Cooperative Extension Service
Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, or physical or mental disability. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.

LEXINGTON, KY 40546



Disabilities
accommodated
with prior notification.



University of Kentucky
College of Agriculture,
Food and Environment
Cooperative Extension Service



4-H Youth Development

Kentucky 4-H Youth Development

Head. Heart. Hands. Health.



- Cloverbud program objectives:
 - Introduction to the “traditional” 4-H program for children in grades K-3
 - Learn more about themselves and the world around them
 - Develop positive attitudes about learning
 - Develop a relationship with a caring adult or older youth helper



University of Kentucky
College of Agriculture,
Food and Environment
Cooperative Extension Service



4-H Youth Development

Kentucky 4-H Youth Development

Head. Heart. Hands. Health.



- Cloverbud programs are:
 - Fun and positive
 - Leader-directed
 - Activity-base
 - Noncompetitive
 - Success oriented
 - Group-centered



University of Kentucky
College of Agriculture,
Food and Environment
Cooperative Extension Service



4-H Youth Development

Kentucky 4-H Youth Development

Head. Heart. Hands. Health.



- Cloverbud program goals:
 - For children to develop
 - Self-understanding (self esteem)
 - Social Interacting skills (getting along with others)
 - Decision-making skills
 - Learning skills (learning how to learn)
 - Physical skills



University of Kentucky
College of Agriculture,
Food and Environment
Cooperative Extension Service



4-H Youth Development

Kentucky 4-H Youth Development

Head. Heart. Hands. Health.



Cloverbuds

- Activity centered
- Leader directed
- Recognition for participation
- Activity manual for helpers

Traditional 4-H Programs

- Project centered
- Individual directed
- Competition and achievement
- Project manual for youth



Working With Cloverbuds

What are 5- and 6 year olds like?

Physical Development

- Physical growth is slow and steady during this stage. Large muscles (like those used for running and jumping) are easier for these children to control than small muscles (like those used for stringing beads, playing an instrument, or cutting out detailed patterns), so plan activities that keep the children physically active.
- Children are learning to use tools and materials (such as crayons and scissors) better than during preschool years. Because they are still learning how to use their large and small muscles, craft projects can end up being messy, with crooked nails and too much glue. These projects are helping them learn, but be sure that they can feel successful.



Working With Cloverbuds

What are 5- and 6 year olds like?

Mental Development

- Most five- and six-year-olds are just learning letters and words.
- By age six, most can read words or combinations of words.
- Because they are just learning, reading takes more time, so be sure to tell them and show them how to do activities with a demonstration.
- Attention spans of children in this age group are short, sometimes as little as 5–10 minutes.
- Young children think in very concrete ways. If they have never seen, heard, felt, tasted, or smelled it, they have a hard time thinking of it.
- Most children who are five or six are more interested in working on a project than in completing it.



Working With Cloverbuds

What are 5- and 6 year olds like?

Emotional Development

- Children of this age are very sensitive to criticism and do not accept failure well.
- Provide lots of encouraging words for the efforts of all the children in your
- group.
- Strong desire at this age for affection and adult attention.



Working With Cloverbuds

What are 5- and 6 year olds like?

- **Social Development**
- Five- and six-year-olds are learning how to play with each other. They prefer to work in small groups of two or three, but they still need time to focus on their own work and play.
- Help children develop friendships through learning to share, taking turns, following rules, and being trustworthy.
- Children at this stage of social and emotional development can be very blunt and say what they think and feel, which could be hurtful to other children (like “You stink!” or “You’re ugly!”). Avoid this behavior by establishing ground rules.
- Five and six-year-olds are extremely sensitive to criticism.
- Avoid competition or activities that select a single winner or best person.



Working With Cloverbuds

What are 7 and 8 year olds like?

Physical Development:

- Still in a period of slow, steady growth
- Learn best when they are physically active
- Still mastering use of their small muscles, but getting better at large muscle activities like riding a bike, skating, or jumping rope.
- Many still have difficulty with some fine motor projects, such as printing with a pencil, cutting, or hammering.
- Because they are still mastering skills, they may need to repeat an activity over and over before doing it right.
- Provide many opportunities for children to practice skills and to do projects and activities that can be completed successfully by beginners.



Working With Cloverbuds

What are 7 and 8 year olds like?

Mental Development

- May be able to complete activities that require some writing; however, most children this age still prefer to be active.
- Still important to give instructions both verbally and visually.
- Children can recognize some similarities and differences, so they will enjoy activities that require sorting, organizing, or classifying. Making collections is a great activity for youth in this age group.
- Beginning to understand how others feel and can do some abstract thinking, but they still learn best through active, concrete methods.
- Very curious and love to discover new things!



Working With Cloverbuds

What are 7 and 8 year olds like?

Emotional Development

- Become more aware of themselves and more sensitive to others.
- This is a good time to involve children in doing things for others, either as community service or for their families.
- They enjoy being part of the family and making gifts or samples to take home to family members.
- Still worry about failure or being criticized, so offer plenty of adult encouragement and praise.
- Because they do not want to fail, children at this age may say something is too hard rather than admit being scared, so be sensitive when teaching a new concept or skill.



Working With Cloverbuds

What are 7 and 8 year olds like?

Social Development

- Less likely than younger children to direct negative feelings towards others.
- They value adult interaction
- Becoming more outgoing, curious, and talkative.
- Allow time for the children to talk with you and their friends.
- This is a time when children begin to internalize adult feelings toward religion, ethnic groups, and money, so promoting social activities that emphasize the diversity of families and lifestyles is important.
- Begin choosing same-sex playmates and play in groups, so activities will be more successful if children can be placed in same-sex groups.



Things to keep in mind...

- Children are maturing in many ways: physically, mentally, emotionally, and socially.
- Children are starting to make friends and enjoy being with other children in social settings.
- Children during any stage develop at their own rates. No two children develop in the same way and at the same time; however, most children progress through developmental stages in the same order.
- Each child is unique and will mature in a unique way!



Things to keep in mind...

- Help the children learn how to cooperate with each other without competing. Children under the age of eight have not developed their self-concepts and are not old enough to compete.
- Help children to learn rules and how to be fair. Displaying children's work and telling everyone "good job" is a good way to make the children feel good about what they accomplished.
- Use a positive approach to discipline with children of this age. Tell them what is appropriate, not what they are doing wrong. Tell them how to behave and complement them when they are showing positive behavior, such as taking turns, working cooperatively, and sharing.
- Groups should be informal and fun!



Kentucky 4-H Cloverbud Policy (abridged version)

1. Activity focused rather than project focused.
2. Cooperative rather than competitive activities.
3. Cloverbuds may only exhibit activity related items at fairs.
4. Cloverbuds should not have large projects/activities/events. (beef, dairy*, horse)
5. Cloverbuds may exhibit cats, kiddy dairy classes, dogs, goats, poultry, rabbits, sheep and swine.
6. Cloverbuds do not conduct formal business meetings or elect officers.
7. Must have a two adult leaders.
8. For groups of 5-6 year olds, the group should not exceed 12 children.
9. For groups 7-8 year olds, a third adult is required if the group exceeds 12 children and the group size should not exceed 16 children.

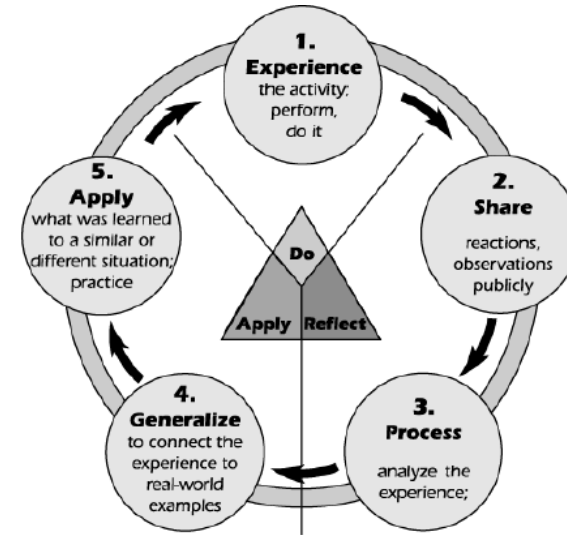
Please see full policy at <http://4-h.ca.uky.edu/content/clover-buds>





The Big book of 4-H Cloverbud Activities

- 50 lessons, each with enough activities to more than cover a 60 minute meeting.
- Lessons grouped into 5 sections
 - Getting Started
 - Digging Deeper
 - Looking Within
 - Bringing Closure
 - Going Beyond
- Reading Adventures- related stories and books





University of Kentucky
College of Agriculture,
Food and Environment
Cooperative Extension Service



4-H Youth Development

Kentucky 4-H Youth Development

Head. Heart. Hands. Health.



- Cloverbud Curriculum Areas
 - Science and Technology
 - Community and Expressive Arts
 - Healthy Lifestyle
 - Environmental & Earth Science
 - Personal Development
 - Citizenship and Civic Education
 - Consumerism and Family Science
 - Plants and Animals





University of Kentucky
College of Agriculture,
Food and Environment
Cooperative Extension Service

 4-H Youth Development

Kentucky 4-H Youth Development

Head. Heart. Hands. Health.



Volunteers

- Volunteer Position Description
- Teen Club Members
- Family members
- ASK!





University of Kentucky
College of Agriculture,
Food and Environment
Cooperative Extension Service



4-H Youth Development

Kentucky 4-H Youth Development

Head. Heart. Hands. Health.



- At each Cloverbud meeting:
 - Circle up (Call to order)
 - Pledge of Allegiance
 - 4-H Pledge
 - Icebreaker
 - Introduction to topic (see background)
 - 1-2 activities Free play and/or snack
 - Clean up
 - Closing





Yearly Planning Calendar

- September- I am Special, pg 132
- October-Fall Festival: A Harvest of Fun, pg 82
- November- Food Drive: Jumping Jack-athon, pg 152
- December- Our Feathered Friends, pg 212
- January- no meeting
- February- Cloverbud One Act Play, pg 43
- March- Present Cloverbud Play
- April – Be Smart with Money, pg 179
- May- Nature Fun, pg 85
- June- Bubble Mania, pg 31
- July- Cloverbud Camp
- August – no meeting



University of Kentucky
College of Agriculture,
Food and Environment
Cooperative Extension Service

 4-H Youth Development

Kentucky 4-H Youth Development

Head. Heart. Hands. Health.



Let's Do This!

Activity Time!!!!!!!!!!

Cooperative Extension Service
Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, or physical or mental disability. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.

LEXINGTON, KY 40546



Disabilities
accommodated
with prior notification.



University of Kentucky
College of Agriculture,
Food and Environment
Cooperative Extension Service

 4-H Youth Development

Kentucky 4-H Youth Development

Head. Heart. Hands. Health.



Fingerprint Family

Make a fingerprint to represent each member of your family. Don't forget pets! Draw faces, arms, legs and clothing on them.

Cooperative Extension Service
Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, or physical or mental disability. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.

LEXINGTON, KY 40546



Disabilities
accommodated
with prior notification.



University of Kentucky
College of Agriculture,
Food and Environment
Cooperative Extension Service



4-H Youth Development

Kentucky 4-H Youth Development

Head. Heart. Hands. Health.



Pinecone Bird Feeders

Cover the pinecone with peanut butter, roll it in birdseed, tie a string at the top. Place in wax paper and Ziploc bag to take home.

Cooperative Extension Service
Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, or physical or mental disability. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.

LEXINGTON, KY 40546



Disabilities
accommodated
with prior notification.



University of Kentucky
College of Agriculture,
Food and Environment
Cooperative Extension Service

 4-H Youth Development

Kentucky 4-H Youth Development

Head. Heart. Hands. Health.



Needs & Wants Collage

Divide your piece of paper in half. Write “NEEDS” on one side and “WANTS” on the other. Cut out items from the ads and decide where to glue them.

Cooperative Extension Service
Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, or physical or mental disability. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.

LEXINGTON, KY 40546



Disabilities
accommodated
with prior notification.



University of Kentucky
College of Agriculture,
Food and Environment
Cooperative Extension Service

 4-H Youth Development

Kentucky 4-H Youth Development

Head. Heart. Hands. Health.



Bubble Art

Blow bubbles using bubble solution with good coloring on white paper.

Cooperative Extension Service
Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, or physical or mental disability. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.

LEXINGTON, KY 40546



Disabilities
accommodated
with prior notification.