Kentucky 4-H Youth Development Update

April 2015

You never know the impact you make on a 4-H member until you see it or he/she tells you. Recently, I received a copy of an email sent by a teen 4-H member about the impact a 4-H Agent had on the individual. Words of encouragement, providing an opportunity to participate in a group, showing an interest, a pat on the back, and a smile to show you care, can make a difference in the life of a child. Agents and volunteers have the ability to provide this sense of belonging. In the words of the 4-Her, “4-H has helped shape me into the person that I am today; it has shown me to be a better person, to be a leader, and to be confident with who I am. But my 4-H experience wouldn’t have happened if you hadn’t been for you, the 4-H agent.” Consider these words as you go about your days during this busy time of year. You are making a difference in the youth for today and in the future.

New Kentucky 4-H Website Launched
Kentucky 4-H is very excited to announce our new 4-H website at www.kentucky4-h.org. We are attempting to put as much information about our program on the site that is needed by the public including volunteers, parents and/or 4-H members. A lot of information on the Agent Resource Guide has been moved to the public website, however, some information related to time specific information, registration forms, will still be only available to the agents and are password protected. Please note: As we move items to this new site, there may be some links that are not working. If you find anything that is not working and/or have suggestions to make the site more user friendly please contact James Leslie and/or the specialist responsible for the content.

Don’t Wait-Begin entering data in 4-H On-line
I want to remind you to begin entering data in the 4-H On-line Enrollment System. We ran a quick report recently and less than 10% of last year’s data had been entered. Our recommendation has been to enter data all year as the programs are held. As in the past, the ES 127 generated from this system is due to your District Director by July 15.

Charlene Jacobs, Assistant Director for 4-H Youth Development

PERSONNEL: 4-H YOUTH DEVELOPMENT AGENT POSITIONS

- Lindsey Boone, Daviess County: On walks with her dad and sister around their Larue County farm, Lindsey discovered her passion for the outdoors. As a result, 4-H camp became a regular part of her summer and it transitioned into a summer job during college. Last fall, she completed a bachelor’s degree at UK in Natural Resources and Wildlife Management. Lindsey is excited to have landed a job where she can teach conservation education and other life skills. She joins Stacy Potts as the 2nd 4-H agent in the Daviess County 4-H program.

Martha Welch, Extension Specialist for 4-H Youth Development

UPCOMING EVENTS AND PROGRAM INFORMATION

4-H Camp Update
The Camp Directors are in full swing with environmental camps, rental groups and shooting sports camp/workshops.

At North Central, dates are being accepted now for the Fall Environmental Education camps. All requests should be emailed to Darrell Stillwell at Darrell.stillwell@uky.edu. He is preparing a draft schedule and helping to work through any date conflicts. Once the schedule is confirmed, each county should submit the Application to Use Camp to lock in their fall dates.

Donna Fox, Extension Specialist for 4-H Youth Development
**Shooting Sports Update**
A West KY coach certification workshop was held March 27 – 29, certifying 51 new shooting sports coaches. The next shooting sports certification workshop is May 1 – 3; the deadline to register for this workshop is April 17th. It requires an online registration at the following link: [https://apps.ca.uky.edu.Agentforms/web/login](https://apps.ca.uky.edu.Agentforms/web/login). There is more information about these workshops at the Leader Training tab on the Shooting Sports website at [https://4-h.ca.uky.edu/content/shooting-sports-leader-training](https://4-h.ca.uky.edu/content/shooting-sports-leader-training).

*Donna M. Fox, Extension Specialist 4-H Youth Development*

**4-H Foundation Scholarships**
The 2015 scholarship applications are now available. They were emailed to 4-H Agents on April 1st and can also be found on the Foundation’s website and Agent resource page. This year the opportunities include; four Farm Credit Mid-America scholarships for $500 each; the Michael Bandy / Ale-8-One scholarship for $1,000; and the James W. Kidwell Memorial scholarship for $1,500. All of these are cash scholarships for eligible 4-H members with a High School graduation date in 2015. Additional details are available with each application. The deadline to submit applications is May 15, 2015 (postmarked). The winners will be recognized during 4-H Teen Conference.

*K Keith L. Rogers, Executive Director, Kentucky 4-H Foundation*

**Kentucky 4-H Homecoming**
The 5th Annual Kentucky 4-H Homecoming will be held on Saturday, June 6th at the newly renovated Campbell House in Lexington. All 4-H alumni, friends and supporters are invited to attend and share in the good food and great memories while helping to support an organization that blessed each of us. The event starts at 6:00 p.m., tickets are $50, and once again the Kentucky Cattlemen’s Association will be cooking their famous ribeye steaks. To get all the details and to make your reservations online go to: [www.kentucky4hfoundation.org](http://www.kentucky4hfoundation.org). Please share this information with your volunteers, alumni and others that believe in and support 4-H.

*Keith L. Rogers, Executive Director, Kentucky 4-H Foundation*

**4-H Summit**
Another year of outstanding 4-H Summits have come to a close! We are happy to have welcomed over 600 youth to the Lake Cumberland 4-H Center to learn more about 4-H, make new friends and build important life skills in a fun environment. A big thank you to the many agents, volunteers and council/board members who helped make this session a success. The delegates at 4-H Summit donated items that supported the Pulaski County Book Drive, Kenton County Homemakers Self-Esteem Bags for Girls/Boys and the Wayne County Backpack program. We appreciate the many people who contributed to this year’s success.

*Mark Mains, Extension Specialist for 4-H Youth Development*

**4-H Issues Conference**
The members of the 4-H Issues Planning Committee will be meeting next week to start our programming efforts for the year. Please let your district contact agent know if you have any questions, concerns or need more information about this event. The dates for the 2015 4-H Issues Conference will be November 19-22, 2015 and the cost will be $175 Delegates/Volunteers and $200 Staff/Agents (same as 2014).

*Mark Mains, Extension Specialist for 4-H Youth Development*
4-H Teen Conference – Registration Coming Soon!
Thank you to the districts who submitted their tracks and workshops for 4-H Teen Conference. The registration materials are being finalized and will be out to agents by the end of the week. The deadline for registration will be posted at that time. All agents/staff planning to attend this event should hold May 12, 2015 10:00 am ET/9:00 am CT for the Lync based orientation. If you have interns who are on staff at this time, please encourage them to participate as well (if they are coming to Teen Conference). Due to dorm changes, construction and parking issues, there will be much new information that will need to be covered. Please hold this date!
_Mark Mains, Extension Specialist for 4-H Youth Development_

4-H International Exchange Program – Host Families Needed (URGENT)!
Each year, Kentucky 4-H agrees to host a certain number of youth for the 4-H/LABO exchange program with Japan. For 2015, we are welcoming 20 youth and 2 adult chaperones to the Bluegrass State. These youth and adults are anxious to begin corresponding with their assigned host families so that they can begin to build a friendship before they arrive. We are currently still looking for 15 FAMILIES to take part in this amazing experience. Please promote this program through your newsletters, news articles, websites and events. Contact me for copies of article templates, flyers or brochures that can be distributed. I’m happy to provide your county with enough colored flyers to distribute to all 4-8th grades in the county. Our placement goal is May 1st so we are quickly counting down the days!
_Mark Mains, Extension Specialist for 4-H Youth Development_

4-H State Fashion Leadership Board Update and Reminder
We are looking forward to the involvement of our current Fashion Leadership Board during this year’s state fashion revue during Teen Conference. This year the State 4-H Fashion Revue theme is The Clover Games Fashion. Model information sheets and applications for escorts and narrators are due May 10 to Marjorie Baker.

Member applications for the upcoming State Fashion Leadership Board are being accepted for the 2015-16 board. They are due May 1 to Marjorie Baker.
_Note: All forms are in the Agent resources._
_Marjorie Baker, Extension Associate for Clothing and Textiles_

4-H Livestock Reminders
A few reminders before going to Validation sites:
- First, each exhibitor wanting to tag-in must complete a minimum of six hours of training.
- Second, paperwork must be completed including all signatures needed, before they will be allowed to tag their animals.
- Validation sites will not tag the animal and allow you to send paperwork later.

By following these simple rules tag-in will go a lot easier for everyone. Please share this information with your 4-H members and their families.

We would like to remind everyone that any individual serving as a Livestock or Horse volunteer must be recertified each year. Two hours of training on a subject related to which ever area they are involved is all that is needed. Please help these individuals, who are volunteering their time, stay certified. If they do not get recertified this causes issues for everyone involved. Please check to make sure your volunteers are up to date and if not encourage them to take care of this as they can.
_Steve Austin, Extension Associate for Youth Livestock Programs_
Kentucky 4-H Core Curriculum Catalog (revised 3-23-15)
Several changes have been made to the Kentucky Core Curriculum Catalog (3-23-2015) that you’ll want to note as you plan for the rest of this year and next year. The revised catalog is located in the Resource Guide under “Core Curriculum” and “Core Curriculum Catalog.”
Martha Welch, Extension Specialist for 4-H Youth Development

New SNAP-ed Approved Pubs May Prompt Fun Food Activities
Are you looking for a new way to complete SNAP-ed hours? Maybe the pubs recently approved for use in SNAP-ed programs will give you some ideas.

- Host a summer workshop series using the **Teen Cuisine** youth and facilitator publications. *Teen Cuisine* provides guidance for teens learning to cook—lots of hands-on activities. Look under “FCS curricula” in the KY 4-H Core Curriculum Catalog.
- In the spring, host an “Egg-travaganza” where kids learn to cook eggs in a variety of ways. The **Egg Preparation Demonstration** publication provides instructions for egg cookery and tips on planning a demonstration. Look under “Agriculture—Poultry” in the KY 4-H Core Curriculum Catalog.
- Host an evening barbecue workshop for child/parent teams. At the end of the evening, invite the rest of the family for a picnic with the barbecued product as the entree. **Poultry Barbecue pubs** provide instructions for youth learning to barbecue chickens and turkeys. Look under “Agriculture—Poultry” in the KY 4-H Core Curriculum Catalog.

Martha Welch, Extension Specialist for 4-H Youth Development

4-H Poultry Project Eligible for Snap-Ed Programs
A couple of foods-related activities have been added to the eligible programs for SNAP-ED programs. They include the chicken and turkey barbecue and egg preparation demonstration programs. These programs culminate with state contests. The egg preparation demonstration contest is held on 4-H communication day – July 11 at the Fayette County Extension Office. The chicken/turkey barbecue contests are held the following Saturday – July 18, at the Madison County Extension Office. Both contests are open to juniors and seniors and no pre-qualification is required. The top seniors for the three contests are eligible to represent Kentucky at the national contests at the National 4-H Poultry and Egg Conference. To prepare for the chicken barbecue contest, support is provided for regional day barbecue camps. For more information, contact Jacquie Jacob at Jacquie.jacob@uky.edu.

Jacquie Jacob, Poultry Extension Associate

Kentucky 4-H Culinary Challenge
This year’s Kentucky 4-H Culinary Challenge is set for June 9-10, during Teen Conference. Each district may send one team made up of 3 to 5 teens in grades 9-12 (current program year). All members of the team must be from one county. The deadline to register the district team in the state contest is May 1, 2015. Information is available on the public site at: [http://4-h.ca.uky.edu/Food_Challenge](http://4-h.ca.uky.edu/Food_Challenge) and in the Resource Guide under “Culinary Challenge.”

Qualifying events: Within each Extension district, agents need to discuss and determine how the team will be selected to compete in the Kentucky 4-H Culinary Challenge coming up in June. Some districts may host a district challenge but other districts may come up with other unique methods. Contact agents (who also serve as planning committee) are: D1: Sherrill Bentley; D2: Crystal Osborne; D3: Christy Eastwood; D4: Rachel Abney; D5: Roberta Hunt and Kindra Ewing Jones; D6: Martha Arterburn, Stephanie Thomas; D7: Tracey Tashjian.
Lync Session for Newer and Other Interested Agents:
Each month, a one hour Lync session is hosted by state staff or experienced agents on up-coming events or general 4-H topics. While newer agents are required to participate for the first year of employment, other agents at any level of experience are welcome to join the session. A link will be sent to all agents by email several days before the session. (In-service credit is not given for these sessions.) You’ll need a computer with a camera and a headset with microphone. Join us for the following sessions:

April 7, 2015* (Tuesday)—Topic: State Communications Day and Volunteer Forum of the Southern States; Link to join: Join Lync Meeting or https://meet.uky.edu/mwelch/8bfyp0g3. Copy and paste this link into Firefox or Internet Explorer. Lync does not work well in Chrome. This Lync address was emailed to you on 3-23-2015.
May 4, 2015—Topic: Teen Conference and the Country Ham Project
June 1, 2015—Topic: Preparation for State Fair
July 7, 2015* (Tuesday)—Topics: Southern Region Teen Leadership Conference and Poultry projects & resources
August 3, 2015—KY 4-H Volunteer Forum
September 8, 2015* (Tuesday)—Issues, Day of Service, and Scheduling State 4-H Officers for county visits

*When there is a conflict with the 1st Monday, most likely the session will be held the next day, on Tuesday.

2015 Kentucky Military Family Camps
The application packet for the 2015 Kentucky Military Family Camps is now officially available at http://fcs-hes.ca.uky.edu/content/military-family-programs. The same application packet can be used for any of our 3 camps offerings for 2015 (see below). Camps are open to military connected youth/families regardless of Branch of Service who have a parent/loved one in any phase of the deployment cycle. First priority will be given to families who have not previously attended a Kentucky camp and who have experienced at least one deployment. The family camps are especially suited for families that are experiencing reunion/reintegration. All 3 Kentucky family camps are expected to fill FAST, so tell families to apply immediately!

There are a number of military youth and family camps being offered in 2015 throughout the country. The link for offerings across the country is http://4-hmilitarypartnerships.org/military-family/dod_usda/2015-military-camps/2015-camps/index.html. Families will need to contact the listed state POC for each camp for specific information for that camp and/or camp registration.

We are so excited about our 2015 military family camps! It is going to be an incredible summer! If you or someone you know is interested in volunteering at a camp, please contact Tyrone Atkinson at tcatki2@uky.edu.

2015 Family Camp Schedule:
- June 12-14, 2015: The "MAMMOTH" Military Family Adventure*
  Mammoth Cave Hotel, Kentucky. Must have at least one child ages 5-18 to register.
- June 26-28, 2015: Robinson Forest Military Family Early Childhood Adventure**
  Robinson Forest, Jackson, Kentucky. Families with children 6 and under are eligible to attend.
- July 10-12, 2015: Live Your Adventure Military Family Camp*
Life Adventure Center, Versailles, Kentucky. **Must have at least one child ages 5-18 to register.**

**Eligibility for Family Camps:**
Families who are Active duty, Reserve, National Guard, DoD civilians and DoD contractors from any state who will be, are currently or have been deployed in support of an Overseas Contingency Operation are eligible to participate in these camps. Families involved with Warrior Transition Battalion and with Exceptional Family Member program are especially encouraged to participate.

If you have any questions please direct them to Tyrone Atkinson at tcatki2@uky.edu.

* Child & Youth Reintegration Support Camps are funded through a partnership of the Department of Defense, Office of the Secretary of Defense, Military Community & Family Policy, Office of Family Policy/Children and Youth and U.S. Department of Agriculture/National Institute of Food and Agriculture under Kansas State University Special Project number 2014-48713-22245.

**Early Childhood Adventure Camp funded by the Kentucky SEED Project (Kentucky’s System to Enhance Early Development) [http://childrensmentalhealthky.com/aboutus.php](http://childrensmentalhealthky.com/aboutus.php)

Tyrone Atkinson, KY Operation: Military Kids Coordinator

**UPCOMING IN-SERVICES FOR 2015**
Be sure to pre-register for in-services that are of interest to you or youth in your county. Here’s a quick list of sessions specifically planned for 4-H agents but refer to the catalog in KERS for additional sessions targeted to all Extension agents. (4-H agents are not limited to the sessions below.)

- **Home Energy Detectives**: offered via Lync--Mar. 26; Apr. 16; May 21; June 18 (part of FCS—Home Env. Core)
- **Basic Training for New 4-H Agents**: date changed to Mar. 17-18, Weldon Suite, Lexington
- **Robotics—Incorporating 4-H into Science Classrooms**: Mar. 24-25, Hopkins CES; Mar. 30-31, Madison CES
- **Healthy Adventures for Teens**: April 27, Hiking, Pennyrile State Resort Park; April 29, Kayaking, Franklin County
- **High Ropes Training for Facilitators**: April 30-May 1, West KY 4-H Camp; May 7-8, Feltner 4-H Camp
- **Environmental Certification over the River and through the Woods**: FULL, May 7-8, Kentucky River and KSU Environmental Education Center in Henry Co.
- **It’s Your Reality**: May 14, Fayette CES (this replaces the Feb. 18 session cancelled due to weather)
- **2015 Series of In-Services**: Dec. 1-3, 2015, Hyatt Regency Downtown, Lexington

Martha Welch, Extension Specialist for 4-H Youth Development

Charlene Jacobs, Assistant Director for 4-H Youth Development

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